



365

POCKET® PRAYERS
for women

*Guidance and Wisdom
for Each New Day*



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365 Pocket Prayers for Women: Guidance and Wisdom for Each New Day

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Designed by Al Navata

Edited by Amy Mason

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INTRODUCTION

Prayer is simply talking with God. As women of faith, we can come to him anytime, approach him anywhere, and pray about anything. God loves our honest, heartfelt prayers, and he cares deeply for the details of our lives. As we come before him with praise or petition, we demonstrate that we trust him and long to draw near to him.

Perhaps your faith is relatively new and you're not yet comfortable praying. This book is for you. The prayers we've developed can be claimed as your own conversations with God. As you pray through each topic and day, we hope you will become more comfortable talking with God and will even begin to form your own prayers to him.

Perhaps you've been a believer for years but need a little inspiration in your prayer life. This book is for you, too. We all have times when we repeat the same prayers over and over. By including a year's worth of unique prayers that cover a broad range of topics, this book will help rejuvenate your dialogue with God.

Thank God that we don't have to be spiritually mature or "on fire" to have a meaningful prayer life! Wherever you are in your spiritual journey, God is delighted when you draw near to him. We hope this little book will help you do so.

You will find 365 prayers, arranged by days and topics. You can pray through each day of the year consecutively if you wish. Alternatively, look in the index for a topic that will help you pray through an urgent need or give words to something you may be experiencing. Every few days you will also find prayers called *Prayerful Moments*. These are

shorter prayers for days when time is limited or for when you need a quick word with God.

As you enter into a new prayer, take it slow. Spend some time thinking about what you're saying to God, and try to personalize each prayer for your own life. Making each written prayer your own honest praise or petition will make it more meaningful.

In your conversations with God, take some time to listen. Reading God's Word as a part of your prayer time gives the Lord an opportunity to speak to you, too. You won't want to miss what he has to say! We've included a Scripture verse at the end of each prayer to help you ponder what God might be communicating to you.

Thank you for joining us on this quest for a deeper prayer life. It is our hope that by the end of this book, you will be inspired in your conversations with God and—most important—feel closer to him than ever before. It is often in these special times of prayer that God does his powerful work in our hearts. So don't give up; stick with it. As his Word says to us, "Let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most" (Hebrews 4:16).

The privilege of prayer is that it ushers us straight into the presence of our loving God. And Scripture promises us that he won't disappoint! With that in mind, it's time to begin.

DAY 1

A prayer about BLESSINGS

When I want to experience God's blessings

MERCIFUL GOD,

Your love is like an ocean, and wave after wave of your blessings flow over me. Your Word says that you have promised rich blessings to those who love you, including your presence, your grace, your comfort, your provision, and your eternal peace. What abundant riches! I am overwhelmed by your love and generosity toward me; my cup overflows. O Lord, may I always respond to your blessings with gratitude and obedience. And guard me from desiring blessing just for my own benefit so that I can live a comfortable life. I know that would be misunderstanding your purpose, which is to bless me so that I can bless others. May your love and grace flow through me.

You prepare a feast for me in the presence of my enemies. You honor me by anointing my head with oil. My cup overflows with blessings. Surely your goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the LORD forever. PSALM 23:5-6

DAY 2

⚙️ A prayer about GOALS

When I want to set goals for my life

HEAVENLY FATHER,

I don't want to meander through life doing whatever seems right at the moment. I want my life to count for something! I know that if I don't set goals, I won't achieve much of consequence. Please give me the discipline to set wise goals, both short term and long term, but help me never to forget that the most important goals of all are eternal. Material success and fame are only temporal, but my relationship with you and the results of service to you will last forever. May I plan for eternity, thinking carefully about what will endure. Teach me to filter my earthly goals through the lens of eternity; then I will know the goals that matter. How can I please you? How can I draw close to you? When you are my focus, my earthly priorities will fall into place.

We are always confident, even though we know that as long as we live in these bodies we are not at home with the Lord. For we live by believing and not by seeing. . . . So whether we are here in this body or away from this body, our goal is to please him. 2 CORINTHIANS 5:6-7, 9

DAY 3

☀ A prayer about CHALLENGES

When I need to accept the difficulties that come into my life

DEAR GOD,

I know that I live in a fallen world. Jesus himself told his disciples that in this world they would have trouble—and I'm having trouble right now. Lord, I don't like what is happening in my life. I'm struggling, but I know that it's possible for me to accept my circumstances without liking them. Please help me to remember that I have a glorious future in heaven. As I keep eternity in mind, may I grow through the difficulties I experience now and may I remember that those difficulties will end with this earthly life. Train me to accept what comes from your hand and to trust that you have something to teach me through whatever comes my way.

What we suffer now is nothing compared to the glory he will reveal to us later. . . . We believers . . . groan, even though we have the Holy Spirit within us as a foretaste of future glory, for we long for our bodies to be released from sin and suffering. We . . . wait with eager hope for the day when God will give us our full rights as his adopted children, including the new bodies he has promised us.

ROMANS 8:18, 23

DAY 4

☀ A prayer about HEALING

When I wonder whether God can heal my hurts

O GREAT PHYSICIAN,

You made my body, and you can certainly repair and restore it. You made my mind and soul, and you can repair and restore those, too. You are the great healer, not bound by the limitations of this world. I believe you can intervene to overcome any threat to my life, including illness or disease—physical, mental, spiritual, or emotional. O Lord, I have faith that you are able to intervene, but sometimes I doubt that you will. Yet I know from your Word that you love me enough to have died for me, and you promise that in eternity I will be fully healed. Thank you. Those two assurances give me what I need to endure and to wait for your healing power to make me whole—whether in this life or in eternity. May I be patient and trust you to do what is best in my life.

For you who fear my name, the Sun of Righteousness will rise with healing in his wings. And you will go free, leaping with joy like calves let out to pasture. MALACHI 4:2

DAY 5

A prayer about NEEDS

When I'm trying to be content

LOVING FATHER,

I'm struggling with lack of contentment, and I know the problem is that I'm getting my wants mixed up with my needs. To survive, I need basic things such as food, water, shelter, and love—when I have those things, I should be content. But too often I'm consumed with my wants. Even when they're fulfilled, they leave me unsatisfied, discontented, and looking for more. And when I want things that oppose your desires, I find myself increasingly consumed with jealousy, covetousness, deceit, or materialism. Help me, Lord! Teach me the difference between my needs and my wants so that I may find contentment in living your way. As you meet my needs, show me your power and provision, and let me learn that you are sufficient. Refocus my mind on your values instead of on my own. Then I will no longer be grasping for something else; instead, I will have a heart full of gratitude for what you have already provided.

Don't love money; be satisfied with what you have. For God has said, "I will never fail you. I will never abandon you."

HEBREWS 13:5

DAY 6 *Prayerful Moment*



☀ A prayer about HELPLESSNESS

When there's nothing I can do

FATHER,

I cry out to you today in desperate need. I am struggling, downcast, and completely helpless—I need you! When I try to get myself out of trouble, I miss out on seeing what you can do in my life. You are the one who loves doing the impossible, so I reach out to you, my lifeline, and trust that you will help me.

Asa cried out to the LORD his God, "O LORD, no one but you can help the powerless against the mighty! Help us, O LORD our God, for we trust in you alone."

2 CHRONICLES 14:11

DAY 7 *Prayerful Moment*



☀ A prayer about FRIENDSHIP

When I want God to strengthen my friendships

LORD,

Thank you for the friends you have given me. We are glued together with bonds of loyalty and commitment, no matter what the external circumstances are. May I be a good friend to them and love them with genuine Christian love. Work in my heart so that I may be loyal, helpful, patient, kind, and forgiving.

Love is patient and kind. Love is not jealous or boastful or proud or rude. It does not demand its own way.

1 CORINTHIANS 13:4-5