
30 DAYS
TO A MORE

Beautiful

YOU

A DEVOTIONAL FOR GIRLS

KYLIE BISUTTI

FORMER VICTORIA'S SECRET RUNWAY MODEL

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30 Days to a More Beautiful You: A Devotional for Girls

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DESPITE WHAT THE modeling world might lead us to believe, true beauty has nothing to do with outward appearances. The more we focus on what we look like on the outside, the more insecure we become. The world has an impossibly narrow definition of beauty, and by those standards, we'll never be thin enough, pretty enough, or good enough.

But fortunately, that's not how God measures our worth. We have value simply because we are His children. The more we focus on getting our hearts right with the Lord and honoring Him, the more secure and confident we will become—and the more we will exude true beauty. After all, outer beauty will fade away, but the godly qualities we possess will grow and become more beautiful over time!

Instead of focusing on superficial beauty, I encourage you to spend the next thirty days focusing on an inner beauty makeover. I pray that this devotional will help transform your heart, your body, your mind, and your soul and put you on the path to becoming a happier, healthier, more beautiful you.

*God bless,
Kylie*

DAY 1
MADE IN GOD'S IMAGE

God created mankind in his own image,
in the image of God he created them;
male and female he created them.

GENESIS 1:27

THROUGH MY YEARS in the modeling industry, I learned a hard truth: your perceived worth is based on characteristics you can't control. If you have genes that predisposed you to be five feet ten and 110 pounds with long, thin legs, you're considered worthwhile. If your genes made you five feet two and muscular, you might be an ideal soccer player and a fantastic human being—but in the modeling world, you're worth nothing.

Fortunately, appearance is not the way *true* worth is measured. The Bible makes it clear that we have inherent value because we are made in God's image. As humans, we are His most precious creation, and He made us like Him in special

ways. He gave us minds that can seek to know Him and hearts that can love Him. He gave us creativity, compassion, and understanding. He gave us an important role in this world, and He wants to have a relationship with us.

We have worth. God Himself loves and values us. There's nothing we can achieve or become in this life that will make God think we are more worthwhile than He does already. And if God thinks we have great value, who are we to argue with Him?

What traits do you think give someone value?

How might believing you are made in God's image change your sense of worth?

True beauty tip: You are worthwhile to God.