

The ONE  
YEAR<sup>®</sup>  
MINI  
FOR  
Women



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*One Year Mini for Women*

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## Happy New Year

*It's a brand-new year. Is it really possible for me to get a fresh start?*

### GOD'S RESPONSE

Great is his faithfulness; his mercies begin afresh each day.

*Lamentations 3:23*

Do not despise these small beginnings, for the LORD rejoices to see the work begin. *Zechariah 4:10*

 Today begins a brand-new year, and God rejoices when you are able to see today—and every day—as a new beginning. Each new day gives you new opportunities to know God better. God renews his mercies to you every single day. Don't be burdened by yesterday's (or last year's!) failures or regrets. Instead, let today be a fresh new beginning to a fresh new year.

### GOD'S PROMISE

I am sure that God, who began the good work within you, will continue his work until it is finally finished on that day when Christ Jesus comes back again. **PHILIPPIANS 1:6**



## New Beginnings

*The year is new, but I still feel like the same woman I was yesterday. How do I get a new start?*

### GOD'S RESPONSE

Those who become Christians become new persons. They are not the same anymore, for the old life is gone. A new life has begun!

*2 Corinthians 5:17*

 Where are you in your spiritual life? Is Jesus your Savior? If so, then you are already a new person, and your new life has begun. Perhaps you're not sure about this, or maybe Jesus was once part of your life but has not been so recently. To really get a new start, commit or recommit to a relationship with Jesus. Look forward to this new year of walking with the Lord.

### GOD'S PROMISE

The one sitting on the throne said, "Look, I am making all things new!" REVELATION 21:5

## Forgiveness and Cleansing

*I want to start life anew by being forgiven and cleansed. Will God truly do that?*

### GOD'S RESPONSE

I will give you a new heart with new and right desires, and I will put a new spirit in you. I will take out your stony heart of sin and give you a new, obedient heart. *Ephesians 36:26*

 Ask Jesus to forgive your sins and to cleanse you from the inside out. With a clean new heart, you will also enjoy a new relationship with God. Will God truly do that? Yes! That's why he allowed his Son, Jesus, to die—so that you could be cleansed and forgiven. He's just waiting for you to ask.

### GOD'S PROMISE

"Come now, let us argue this out," says the LORD. "No matter how deep the stain of your sins, I can remove it. I can make you as clean as freshly fallen snow. Even if you are stained as red as crimson, I can make you as white as wool." *ISAIAH 1:18*



## Setting Goals

*Everyone makes New Year's resolutions. What are some goals I should set for the coming year?*

### GOD'S RESPONSE

If we are faithful to the end, trusting God just as firmly as when we first believed, we will share in all that belongs to Christ.

*Hebrews 3:14*

Live in such a way that God's love can bless you. *Jude 1:21*

 As you think about goals for the year, a good place to begin is with a commitment to apply your faith to your life and become more confident in what you believe. When you make these goals, you'll find that many other issues in your life will fall in line.

### GOD'S PROMISE

Take delight in the LORD, and he will give you your heart's desires. PSALM 37:4

## The Importance of Goals

*Why are goals important?*

### GOD'S RESPONSE

I run straight to the goal with purpose in every step.

*1 Corinthians 9:26*

Look straight ahead, and fix your eyes on what lies before you. Mark out a straight path for your feet; then stick to the path and stay safe. Don't get sidetracked; keep your feet from following evil.

*Proverbs 4:25-27*

 Goals give us direction. You may have a lot of goals for different areas of life (including those New Year's resolutions you made), but make following God your primary, overarching goal. You do not know what the year ahead will bring, so setting that goal will give you purpose and keep you from straying away from God regardless of what life throws at you.

### GOD'S PROMISE

We can make our plans, but the LORD determines our steps.

PROVERBS 16:9