

52  
**PRAYERS**

FOR MY  
**FUTURE  
WIFE**

— A DEVOTIONAL —

**CALEB ROUSE**

— 52 PRAYERS FOR MY FUTURE WIFE —



*A Tyndale nonfiction imprint*



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*52 Prayers for My Future Wife: A Devotional*

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## Introduction

Dear brother,

If you're holding this book, I imagine you have a dream in your heart. A dream for love. A dream for partnership. A dream to build a marriage rooted in faith and Christ's love.

Maybe you're single, praying for the woman you haven't met yet. Maybe you're dating and wondering if this relationship might be "the one." Maybe you're engaged and preparing for one of the biggest commitments of your life with both joy and nervous anticipation. Or maybe you've walked through heart-break, disappointment, or even divorce, and you're wondering if God can still redeem your story.

Wherever you are on your journey, this book is for you.

As men, many of us grow up with hopes of finding a wife, building a family, and stepping into a bigger purpose. Maybe you've pictured your wedding day, imagined the joy of seeing your bride walk down the aisle, or dreamed about the life you'll build together. But you wonder when that day will come or if God cares about your dreams.

That's the heart behind this devotional: to help you trust God with your future wife while also letting Him shape you into the man He's called you to be.

## God Sees You

Here's the truth you need to hold on to: God sees you. He sees your tears and your longings. He knows the desires of your heart. And He hasn't forgotten you. Even when it feels quiet, He's working. He's writing a story far better than the one you might be trying to write for yourself.

I know what it feels like to wonder if love has passed you by. To wrestle with questions like *Will I ever meet her? Did I miss my chance? Did I mess up too badly?* I've asked those questions myself. But the waiting and setbacks weren't wasted. God was shaping me, pruning me, and preparing me to one day be a husband. And the same is true for you.

## Why Pray for Your Future Wife?

If you are single, maybe you're wondering why you should pray for someone you haven't met yet. The answer is this: Prayer doesn't just change circumstances; it changes us. When you pray for your future wife, you're not only asking God to prepare her; you're asking Him to prepare you. You're surrendering your desires to His will, allowing Him to heal your heart, sharpen your character, and align your life with His purpose.

Prayer is not weak. It's not passive. It's powerful. Every prayer is a seed planted into your future. Even when you can't see the results, God is tending to the seeds and cultivating

something extraordinary beneath the surface. And the greatest gift of prayer is that it pulls you closer to Jesus. Marriage is a blessing, but it can't complete you. Only Christ can do that. The more secure you are in Him, the more ready you'll be to love your wife with strength, patience, and grace.

Finally, prayer is powerful. God sees your future wife. He knows the challenges she faces, the pain she carries, and the prayers she's lifting up. Your intercession matters. Your prayers may be protecting her, strengthening her, and preparing her heart.

## How to Use This Devotional

This book is designed to guide you, whether you're in a season of waiting or already preparing for marriage. Each devotional includes the following:

- **Scripture**

Each week begins with a verse that ties to the theme. God's Word is alive; it's what strengthens us when our doubts begin whispering or when the waiting season feels tiresome. Take time to read it slowly, pray over it, and commit it to memory. Let it anchor you.

- **A Devotion**

You'll find a reflection—sometimes from my own journey or from lessons God has shown me—that connects to the topic. These are here to remind you that you're not alone and to point you back to God's faithfulness.



- **Prayer**

Each devotional includes a prayer for your future wife and yourself. You can pray them as written or make them your own. Don't worry about sounding perfect; God wants your heart, not polished words.

- **Love in Action**

Prayer should move us to action. That's why each week ends with a simple step to live out what you're praying. Sometimes it's personal, like journaling or practicing gratitude. Other times, it's reaching outward, like sharing encouraging words with someone, serving in a ministry, or choosing forgiveness. These small acts are seeds that will one day bless your marriage.

- **Encouragement**

Finally, there's a short word of encouragement to carry into your week. Write it down, keep it close, and let it remind you of what God is doing.

You can use this book for fifty-two weeks, turning it into a yearlong journey, or daily if you would like a shorter journey. You may also go through it with a trusted friend for accountability. However you use it, the goal is not speed but depth.

## **The Heart Behind This Book**

This devotional isn't about trying to earn a wife or rush God's timeline. It's about walking with Him daily, trusting His plan, and allowing Him to shape you while you wait. My prayer is that as you work through the devotions, you'll grow closer to

Him. When you're secure in Christ, you'll be able to love your wife not from emptiness, but from strength and wholeness.

## A Blessing for You

As you begin this journey, here's a blessing for you:

May this devotional become a space where you bring your hopes, heartbreaks, and prayers before God. May each week remind you that you are seen, loved, and chosen. May you grow in strength, patience, and faith—qualities that will bless not only your future marriage, but also every relationship in your life. And may you trust that God's timing is perfect. He knows how to bring the right woman into your life at the right time, and He knows how to prepare you to be the kind of husband who reflects His love.

## A Prayer for You

*Heavenly Father, I lift up my brother who is reading this book. You know his heart. You know his longings, his disappointments, and his dreams. Thank You that he is not forgotten but fully seen and deeply loved by You.*

*Lord, I ask that as he walks through these pages, You would meet him in a powerful way. Heal the places of his heart that are hurting. Strengthen his faith where doubt has crept in. Fill him with hope, courage, and patience as he waits for Your perfect timing.*

*Prepare him to love like You love—sacrificially, faithfully, and with grace. Shape him into the man You’ve created him to be, so that one day he may be a blessing to his future wife and a reflection of Christ in their marriage.*

*But most of all, let him fall more in love with You in this season. Let his security and joy be found in You alone. May his waiting not be wasted, but instead be a time of growth and intimacy with You.*

*Bless his future marriage, his future wife, and the story You are writing. Bless him today as You work in his life, making him a deeper reflection of You. In Jesus’ name, amen.*

Your waiting is not wasted. Your prayers are not wasted.  
And your story is not over. With many blessings,

*Caleb Rouse*  
*Christian relationship mentor*

## GOD'S PLAYBOOK BEATS MINE EVERY TIME

*We can make our plans,  
but the LORD determines our steps.*

PROVERBS 16:9

Growing up, my dreams were simple: get married, have a family, and play professional basketball. I chased those dreams with everything I had. Throughout high school I poured myself into sports, and I was in a long-term relationship that carried into college. By God's grace, I earned a scholarship to play basketball at the collegiate level and pushed even harder toward my goal of playing professionally overseas.

But then, during my senior year, everything began falling apart. My girlfriend of five years, whom I thought I would marry, ended our relationship. Amid this heartbreak, I lost my first grandparent, my grandfather, and his passing crushed me. Then, just before my senior season, I suffered a back injury that shattered my hopes of ever playing basketball professionally. I was devastated. I lost sight of my purpose and even questioned God's love for me. In my mind, if He really cared, He wouldn't have taken everything away.

But as I worked through the pain of each loss and surrendered my future to Him, my perspective changed. I began to trust that God's playbook was better than mine. His purpose for my life was greater than anything I could have planned.

And He had someone in store for me, my wife, Stefanie, who would far exceed my greatest dreams. God has a way of turning pain into purpose. In His timing, He takes the dreams we cling to and expands them into His greater plan. Don't lose hope in the waiting. God will lead you step-by-step. Trust Him and pursue Him in the process.

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*Dear heavenly Father, I lift up my future wife's dreams, desires, and plans to You. As she waits on You, give her peace and wisdom in her decisions, and guide her deeper into Your purpose. When disappointment comes, fill her with hope and turn her heart toward Your Word. When adversity rises, help her to stand on Your truth and endure the storms the enemy may bring.*

*Lord, prepare me in the same way. Heal my heart so I can be gentle, patient, and understanding with hers. Make me a safe place for her in the future. Grant me wisdom in my choices so I may draw closer to You and the purpose You've set for my life. Teach us both to find our worth in You alone, and in Your perfect timing, guide our hearts toward each other. In Jesus' name, amen.*

## Love in Action . . .

Write down one dream or area of your life where you've been trying to force your own way. Pray over it and hand it back to God. Trust His playbook over your own.

**God's playbook never loses.**

## TRAIN WHILE YOU WAIT

*No discipline is enjoyable while it is happening—it's painful! But afterward there will be a peaceful harvest of right living for those who are trained in this way.*

HEBREWS 12:11

I grew up in a Christian home, attending church and Sunday school on the weekends and Christian schools on the weekdays. From a young age, I knew God was the foundation for my life, and I truly loved Him. But as I got older, one thing was missing: the habit of reading my Bible. Sure, I would open it at youth group and on retreats, or when I felt especially “spiritual,” but my time spent in God’s Word wasn’t consistent.

After college, I struggled with discouragement, bouts of depression, and addictions to pornography and video games. My mindset was firm: *I know enough about God. I’m good.* But the truth was, I wasn’t good. My faith was weak, my beliefs were shaky, and I was drowning in sin and desperation. If there is one habit I wish I had started sooner, it would be reading my Bible daily. When I finally made that decision, everything changed.

I started small, one verse from the book of Psalms each day. Just one. Over time, that simple discipline grew into a rhythm of digesting entire chapters. As I built this daily habit, God began to transform me. The addictions and struggles that once held me started to loosen their grip, and my mind, body, and

spirit began to experience freedom. Sure, I still face challenges and temptations today, but my foundation is secure in Christ. I know where to turn first when struggles come—not to myself, but to the truth of God’s Word. He is good. Always.

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*Dear God, thank You for always reaching out to me, reminding me of who You are, of who I am, and that I am never alone. Please remind my future wife of this truth today. Help her to develop good habits in this season that draw her closer to You. Prompt her to spend time in Your Word, and let Your truth sink deeply into her heart. Father, guide her in building healthy rhythms, not just spiritually, but also physically, financially, and in community. Give her wisdom and the strength to stay consistent. When she feels overwhelmed, surround her with Your peace that surpasses all understanding. Be her provider and sustain her as she grows into the woman You’ve called her to be. When the enemy throws lies or temptations her way, cover her and protect her under the shadow of Your wings.*

*And Lord, do the same work in me. Help me to develop good habits that prepare me to be a faithful, loving husband. Show me the areas where I need to grow, and give me endurance through the growing pains so I can become the man You’ve called me to be. Thank You for Your unfailing love. You are so good. Amen.*





### Love in Action . . .

Do twenty minutes of focused training today, whether it's lifting weights, reading a chapter of the Bible, or creating a budget. Build the disciplines now that you desire to carry into marriage later.

**The man I'm becoming today shapes  
the husband I'll be tomorrow.**

## PATIENCE IS STRENGTH UNDER CONTROL

*If we look forward to something we don't yet have,  
we must wait patiently and confidently.*

ROMANS 8:25

I've always had a love-hate relationship with running. I know it's good for me, but I've never enjoyed it. Give me a ball, a court, or a paddle—anything but *just* running. Growing up, my dad was the cross-country coach at my high school. When I was a freshman and the fall season rolled around, I had a choice to make: wait for him after practice every day or join the team and use the time as conditioning for other sports. I chose the latter.

My dad was a legend in the sport, and his teams were always strong. When I first joined, I quickly found out why. They trained hard, fast, and *a lot*. Running taught me patience, especially on the days when our afternoon runs ranged anywhere from five to twelve miles. My dad never told us how far we'd go or which route we'd take. We had no phones and no way to track our distance; we just had to run together until he said, "Stop." I hated not knowing. Even worse, if we asked, he would often add distance just to stretch us.

But in the process, I learned to be patient, to lean on teammates, and to depend on God for strength. The runs brought challenges, long hills, steep downhills, blisters, and cramps. But

they also brought beauty: flowers, mountains, quiet trails, and a sense of achievement. Not every run was long, but each practice prepared us. Through it all, my dad protected us, had our best interests in mind, and was training us for something greater. God works the same way. He knows the route, the distance, and the encounters ahead of us. Just as I had to trust my dad, we are called to trust Him.

As you wait on your future spouse, ask, *What is God teaching me in this season?* His path ends with a prize, given in His perfect way and timing.

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*Heavenly Father, thank You for the ways You are protecting me and my future wife. Waiting is never easy, especially when I can't see the steps ahead, but today I choose to trust You. Guide my future wife down the path You've set for her. Show her that You are with her, and help her notice the beauty beside her. Give her purpose in this season, and open her eyes to see the plan You have for her. When she grows tired, hold her up. When she gets frustrated, give her hope. And when she feels like giving up, show her the way forward.*

*I ask that You provide people to encourage her, point her back to You, and lift her up in difficult times. As she trusts You, make her path straight. Train her in the way she should go, shaping her into a woman of wisdom, strength, and faith. Prepare her to be both a godly wife and a devoted follower of Jesus. And Lord, as she waits, develop in her the mind of Christ. Shape us both to glorify You with our lives. In Jesus' name, amen.*

## Love in Action . . .

Next time your impatience rises, stop and take a deep breath. Pray Psalm 37:7: “Be still before the LORD and wait patiently for him” (ESV).

**Patience leads to God’s  
perfect path for you.**

A decorative L-shaped line in a brown color, consisting of a vertical line on the right and a horizontal line at the bottom, with a small step-like extension on the left side.

## DELAY ISN'T DEFEAT

*The smallest family will become a thousand people,  
and the tiniest group will become a mighty nation.  
At the right time, I, the LORD, will make it happen.*

ISAIAH 60:22

Waiting for the woman God has for you can feel a lot like being stuck at the airport. You know the destination, and you're excited to get there, but waiting at the terminal is the last place you want to be. Delays can stir discouragement and anxiety. For many years, I prayed to meet my wife. Honestly, I bargained with God plenty of times. After each breakup or setback, I felt more anxious and defeated.

Delays can even feel like closed doors. You meet someone, maybe even have a real connection, only to realize they're not "the one." That heartbreak can feel final—I know it well. After my five-year relationship ended, I thought my story was over. I questioned God's plan. What I learned through the process, however, is the more I surrendered my desires and emotions to God, the clearer my vision grew, and the more peace I found in the present. God was preparing me for the next chapter.

The moment I fully released my hopes and desires to Him was the moment my wife, Stefanie, walked into my life. I first saw her at church, and I knew she was the type of woman God had in mind for me. Even then, though, I had to wait. She was dating someone else. That delay tested me again, but this time I

had hope. One year later, after her relationship ended, we went on our first date. A year after that, we were married. Friend, God isn't late. He's always on time, waiting for us to give Him our whole hearts. Our delays are not defeat; they're preparation.

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*Heavenly Father, waiting can sometimes feel like defeat. When doors close, I often get discouraged. Please forgive me for the times I've failed to trust You fully, and restore my hope today.*

*I pray for my future wife. Strengthen her in this season. Whatever delay she is facing, help her surrender it to You. Fill her mind with peace, her heart with courage, and her steps with wisdom. Remind her of the blessings already around her, and open her eyes to see them with gratitude. Prepare her to be a godly wife who can walk with me through hard seasons and point me back to You. Guide her steps in a way that draws us closer together, and grant us both patience and peace in the journey. Waiting is hard, but with Your strength, all things are possible. In Jesus' name, amen.*



### **Love in Action . . .**

Write down one prayer that feels unanswered. Beside it, write about a time God came through for you. Let His past wins build your present faith.

**Delay doesn't mean defeat;  
it means preparation.**

## ANOTHER MAN'S WIN DOESN'T STEAL YOURS

*Be happy with those who are happy,  
and weep with those who weep.*

ROMANS 12:15

If I'm honest, one of the hardest parts of my singleness journey was watching other people get married. With the rise of social media during those years, I was constantly bombarded with highlight reels of others' proposals and engagements, and they could send me spiraling. When friends from college or high school announced their upcoming weddings, jealousy hit me hard. I'd find myself pleading with God. *Why not me? Where is my love story?* Out of pain, I didn't want to celebrate others in their joy.

If you've ever asked those same questions, you're not alone. More importantly, your story is not over. I've learned that when we refuse to celebrate others' joy, bitterness and resentment grow quickly. But when we choose to lift others up, even in our waiting, it breeds hope. It helps us love others the way we want to be loved. When I chose to celebrate my friends and family at their weddings instead of choosing not to go, I received the blessing of being encouraged by their stories. Those moments became catalysts for God's promises that I held on to in my own waiting. Seeing their joy brought me inspiration to not quit and keep trusting God for more.



Someone else's joy doesn't mean your story has been forgotten or stolen. God's plan for each one of us is unique and beautiful. His timing may not align with ours, but it doesn't erase His goodness. Your story is still unfolding, and in the meantime, look around and see how truly blessed you already are.

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*Dear God, thank You for the blessings You've already given me and for the ways You've protected me. Please give me peace and contentment as I wait on You. I pray for my future wife. Cover her with Your grace and love as she carries the desires of her heart. Comfort her in disappointment, and give her the strength to rejoice with others when they celebrate the things she longs for. Fill her heart with gratitude for what she has, even while she waits for what's to come. Prepare both of us to trust You with every new desire we'll face in marriage. Reveal any bitterness that may have taken root, and help us fully surrender it to You. Teach us to celebrate others without comparison, knowing that Your plans for us are good. Thank You for everything You've already done to prepare us for the future. Continue shaping us until the day we finally meet. In the mighty name of Jesus, amen.*

## Love in Action . . .

Celebrate a friend's good news—whether it's an engagement, marriage, or new job. Send them a text or pray for them. Their win isn't a loss for you.

**Another man's blessing  
doesn't steal mine.**

A decorative L-shaped line in a brown color, consisting of a vertical line and a horizontal line meeting at a right angle, positioned to the right of the text box.