



WHAT'S DRIVING YOUR LIFE?

*A 10-Day Turnaround
for a Fresh Start*

RICK WARREN

Bestselling Author of The Purpose Driven Life



WHAT'S DRIVING YOUR LIFE?

*A 10-Day Turnaround
for a Fresh Start*

RICK WARREN



A Tyndale nonfiction imprint

Visit Tyndale online at tyndale.com.

Visit Tyndale Momentum online at tyndalemomentum.com.

Visit Rick Warren online at PastorRick.com.

Tyndale, Tyndale's quill logo, *Tyndale Momentum*, and the Tyndale Momentum logo are registered trademarks of Tyndale House Ministries. Tyndale Momentum is a nonfiction imprint of Tyndale House Publishers, Carol Stream, Illinois.

What's Driving Your Life?: A 10-Day Turnaround for a Fresh Start

Copyright © 2024 by Rick Warren. All rights reserved.

Devotions are taken from the *Daily Hope Devotional*, published by Tyndale House Publishers in 2024 under ISBN 979-8-4005-0112-8.

Cover photograph of abstract painting by Henrik Dønnestad on Unsplash.

Cover and interior illustration of sunrise logo copyright © Leone_V/Shutterstock. All rights reserved.

Designed by Dean H. Renninger

For information about special discounts for bulk purchases, please contact Tyndale House Publishers at csresponse@tyndale.com, or call 1-855-277-9400.

ISBN 979-8-4005-0458-7

Printed in the United States of America

30 29 28 27 26 25 24
7 6 5 4 3 2 1

Contents

Introduction 1

.....

DAY 1: *A Fresh Start That Turns Anxiety to Peace* 9

DAY 2: *A Fresh Start Focused on God's Provision* 13

DAY 3: *A Fresh Start Rooted in Transformed Thoughts* 17

DAY 4: *A Fresh Start to Extend Grace in Relationships* 21

DAY 5: *A Fresh Start for Pursuing Your Identity* 25

DAY 6: *A Fresh Start to Face the Future without Fear* 29

DAY 7: *A Fresh Start for When You Fail* 33

DAY 8: *A Fresh Start Built on Renewal, Not Stress* 37

DAY 9: *A Fresh Start That Relies on Divine Direction* 41

DAY 10: *A Fresh Start That Leads to Rest* 45

.....

Next Steps 49

God's Promises to You 57

Scripture Credits 73

About the Author 75

Introduction

.....

The world is moving at a frantic pace, and you may feel the pressure of staying one step ahead—or maybe just keeping up. Perhaps you are trying to make sense of your life and add a little meaning to each day. While it may feel like you're being pulled along by your circumstances, you are actually the one who decides what you allow to drive your life—**and everyone is driven by something.**

The word *drive* means to guide, control, or direct. For instance, if you drive a nail into wood with a hammer, you guide, control, and

direct the nail into the wood. If you drive a car, you guide, control, and direct the car down the street.

What's driving you?

Right now, you may be driven by a problem, a pressure, or a deadline. Or perhaps you're driven by guilt, resentment, fear, materialism, or the need for approval. There are hundreds of circumstances, values, and emotions that can drive your life, and every one of them makes you weary.

Maybe you're driven by current events, and you're looking for meaning in things that will not last. You feel the tension of a polarized society and rapidly advancing technology, and you've taken on an emotional load that you were never meant to carry.

Even religion can drive your life, leaving you worn out and aimless. Why? Because religion is humanity's attempt to get to God. It's a list of rules, regulations, and restrictions that people think they should follow to make God smile.

INTRODUCTION

But Jesus is God's plan to get to humanity. Jesus didn't say, "I've come to give you religion." He said, "*I have come that they may have life, and have it to the full*" (John 10:10, NIV).

There are hundreds of forces that can drive your life, but all lead to the same end: unused potential, unnecessary stress, and an unfulfilled life.

You need a purpose greater than yourself to drive your life.

Nothing can compensate for traveling through life without knowing your purpose—not success, wealth, fame, or pleasure. Without purpose, your life will always feel like motion without meaning, activity without direction.

When you have no clear purpose, you have no road map to help guide your decisions, allocate your time, and manage your resources. You'll keep changing directions, jobs, relationships, or churches, hoping each change will settle the confusion or fill the emptiness in your heart.

WHAT'S DRIVING YOUR LIFE?

The only way you'll ever get a clear purpose for your life is to talk to God, the one who made you, and read the Bible, the owner's manual for life. You didn't create yourself, so there is no way you can determine what you were created to do!

The Bible says, "*Everything, absolutely everything . . . got started in him and finds its purpose in him*" (Colossians 1:16, MSG).

God wants your life to be driven by *his* purposes—the five things he put you on earth to do:

- know and love him
- belong to his family
- grow in faith
- serve others
- tell others about him

That's what life is all about!

The truth is, you can't do everything people

INTRODUCTION

want you to do and everything this world says you *should* be able to do. You have just the right amount of time to do God's will and pursue the purposes he created you for. You don't have the energy to give your devotion and your focus to many different things, even if those things are good.

The Bible says, "*Give yourselves completely to God, for you were dead, but now you have new life. So use your whole body as an instrument to do what is right for the glory of God*" (Romans 6:13, NLT).

Giving your life to Jesus and following God with your whole heart isn't about doing more or being dragged down by rules and restrictions. It's about understanding that you were made for a relationship with him. And when you know God and trust him with your future, he gives you his wisdom and a new perspective on your pain. He helps you turn from pursuing things that will never satisfy you to focusing

instead on *his* way. He reveals his purpose, one step at a time.

He gives you a fresh start.

If you're feeling exhausted, frustrated, and unsettled today, I have good news! God has not left you alone to figure out which way you should go. He has given you his Word to fill your life with purpose and peace and to help you stay on the right path. The Bible says, "*Give us this day our daily bread*" (Matthew 6:11, ESV). That's what God does—he gives *daily* direction.

It's hard to imagine what God might do with your life when you are totally committed to his purposes. Ephesians 3:20 says, "*God can do anything, you know—far more than you could ever imagine or guess or request in your wildest dreams!*" (MSG). His Word will bring you such amazing rest, refreshment, and clarity. And as you draw closer to him, he'll revitalize your soul.

INTRODUCTION

The renewal starts now.

Using this booklet, you'll spend the next ten days discovering what needs to be refreshed in your life and what could use a turnaround. As you pause each day to consider what's driving your life, you'll find out how to get the power to shift your focus from earthly things to eternal things.

Before you begin this ten-day journey, be sure your heart and mind are ready to hear from God. Is there anything that's keeping you from hearing him clearly? We live in a media-saturated world. Have you let doomscrolling or the twenty-four-hour news cycle take up too much of your time or attention? If so, it's time to hit pause on that consumption and make a bold commitment.

Here's the challenge: For the next ten days, switch gears. Instead of being steeped in negativity and distraction, how about dedicating your time to seeking God? Commit to putting

WHAT'S DRIVING YOUR LIFE?

aside whatever drowns out God's voice in your life so you can be ready to hear from him. It's time for a fresh start only God can give.

Are you up for the challenge? Take the leap and begin this journey of transformation. As you start hearing God clearly and letting him drive your life, you'll be amazed at the difference it makes in just ten days.

DAY 1

.....

A Fresh Start That
Turns Anxiety to Peace

.....

*I am leaving you with a gift—peace of
mind and heart! And the peace I give
isn't fragile like the peace the world
gives. So don't be troubled or afraid.*

JOHN 14:27 (TLB)

When you make room for Jesus, he gives you one of the greatest gifts: *“I am leaving you with a gift—peace of mind and heart! And the peace I give isn’t fragile like the peace the world gives. So don’t be troubled or afraid”* (John 14:27, TLB).

The kind of peace the world gives is temporary. In the last three hundred years, hundreds of peace treaties have been signed—and almost none of them have been kept.

The peace that comes from the world is totally circumstantial. If you have a good job, then you’re at peace. But if you lose your job, then you’re not at peace anymore. If you’ve got money in the bank, then you’re at peace. But when that money is gone, you’re not at peace anymore.

Jesus gives you a different kind of peace. The Bible calls it peace that *“surpasses all understanding”* (Philippians 4:7, ESV).

What does that mean? It means you have

peace when there's no obvious or visible reason why you should be at peace. Everything around you could be in chaos, but for some unexplainable reason, you are at peace. That is the peace that surpasses understanding—and it can only come from Jesus, the Prince of Peace.

Jesus wants to give you that kind of peace so you won't be troubled or afraid.

Whenever Jesus walks into a room, he fills that room with peace. Do you have rooms in your heart that are full of worry, disorder, anxiety, or fear? Those are the rooms you haven't invited Jesus into. Your worries reveal the areas you have not surrendered to God. That could include your finances, your dating life, your career, your parenting, your schedule, or your ministry. Whatever it is, you have to let it go. You have to give it over to Jesus.

Here's the only way you're going to have real peace: Give every part of your life to God

WHAT'S DRIVING YOUR LIFE?

to use for his purposes. Then you'll have peace that will stand up to all of life's pressures.

.....

Pray: *God, I want to have the kind of peace that surpasses understanding and replaces my fear with confidence and my worry with rest. I know there are rooms in my heart that need to be evaluated with humility and honesty. There are parts of my life that have only brought disorder and chaos, and I want them to be under your control. Please reveal to me the areas that I have not submitted to you so that I can surrender them fully and experience lasting peace.*

