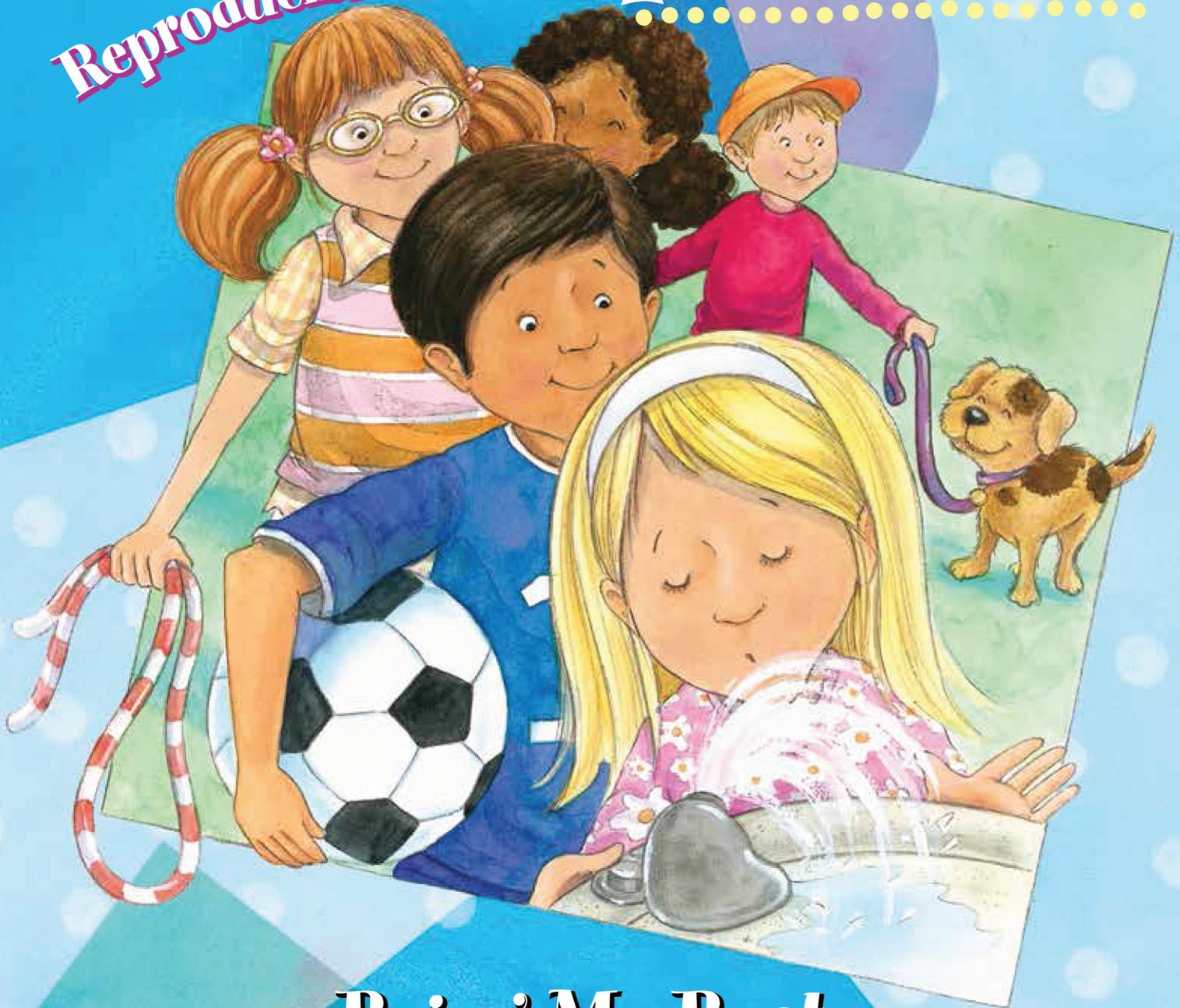


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Instant Bible Lessons[®]
for Preschoolers

Reproducible!



**Being My Best
For God**

Pamela J. Kuhn

More!

Instant

**Bible
Lessons[®]
for Preschoolers**

Being My Best for God

Pamela J. Kuhn

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To my sweet Landon Reese Clemens:
What a joy you brought this grandma in March of 2006 when you arrived! Your sparkling blue eyes talk to me, and they make think of the kind and gentle love of Jesus. You are my sunshine.
Love, Grandma

MORE! INSTANT BIBLE LESSONS® FOR PRESCHOOLERS: BEING MY BEST FOR GOD

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Contents

Introduction	5	Jacob and Esau Cutouts	52
How to Use This Book	5	Sssssneaky Snake Game	53
Chapter 1: Happy, Not Jealous	7	Twin Snacks	54
Cain and Abel Cutouts	8	Verse Signs	55
Follow the Motions	9	Who? Worksheet	56
Fruity Smiles	10	Chapter 6: Patient, Not Impatient..57	
Smile or Frown Game	11	Circle the Picture	58
Textured Fruit and Vegetable Platter	12	Handy Sign for "Wait"	59
The Best Lamb Worksheet	14	How Many Bundles?	60
The "Happy" Song	15	"If You're Wise" Song	61
Worship Worksheet	16	Joseph's Apple Holes	62
Chapter 2: Joyful, Not Grumbly.....17		Joseph's Storyboard	63
Bible Story Pictures	18	Just Like Joseph	64
Frown, Smile Action Rhyme	19	Patient Joseph Finger Play	66
Garden of Smiles	20	Chapter 7: Respectful, Not Rebellious	67
My Prayer Book	22	Authority Match-Up	68
Smile S'mores	23	David's Crown	69
Sunshine Smile	24	Heart Plant	70
Tub of Joy	25	Lunch Sack House	71
Worksheet Match	26	Measuring Spoon Verse	72
Chapter 3: Obedient, Not Disobedient	27	My Family Cutouts	73
Counting 1, 2, 3	28	Puzzled Heart	75
Erase a Smile	29	Story Picture Sticks	76
Ice Cream Cone Treat	30	Chapter 8: Kind, Not Discourteous ..77	
Obedience Lesson	31	Camel Jangles.....	78
"Obedience" Song	32	Camel Kindness Time	79
"O"bedience Story Visuals.....	33	"Definition" Song	80
Obedient Me!	35	I Care Kit.....	81
Samuel's Robe Mobile	36	Kind Words Bingo	82
Chapter 4: Timely, Not Tardy.....37		Peeking Verse Camels.....	84
Bee-ing Ready	38	Say Something Kind	85
Doing Good Worksheet	39	Twin Smile Dolls	86
Ready to Do Good Invitation	40	Chapter 9: Miscellaneous	87
Honey Roll-Ups	41	Attendance Booster	88
Little Lamp Play	42	Classroom Border Kids.....	89
On Time Clock Game	43	Cinnamon Kid.....	90
Time to Read Book	44	I'm a Jesus Kid Badge.....	91
Timely Bulletin Board	46	Kid Contact Tool	92
Chapter 5: Honest, Not Deceitful....49		Kid Helpers	93
"All Around the Tent"	50	Memory Verse Book	94
Honest Answers Worksheet.....	51	Virtues at Home.....	95
		Wiggle Buster	96

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Introduction

Welcome to *Being My Best for God*, a book packed full with useful lesson activities for your preschoolers. You'll find the lively Bible stories and kid-friendly activities make it easy to teach valuable character traits like kindness and honesty. Engage your students with active games and songs, set to familiar melodies, along with age-appropriate puzzles and worksheets. You'll find clear directions and lists of materials for the crafts and snacks, so you'll always be ready to go.

Each of the first eight chapters includes a Bible story, memory verse and numerous activities to help reinforce the lessons about being your best for God. An additional chapter contains projects that can be used anytime throughout the study or at the end to review the lessons. Teacher aids, including bulletin board ideas and discussion starters, are also sprinkled throughout the book.

The most exciting aspect of the *More! Instant Bible Lessons for Preschoolers* series is its flexibility. You can easily adapt these lessons to a Sunday School hour, a children's church service, a Wednesday night Bible study, a Christian school classroom or family home use. And, because there is a variety of reproducible ideas from which to choose, you will enjoy creating a class session that is best for your group — whether large or small, beginning or advanced, active or studious.

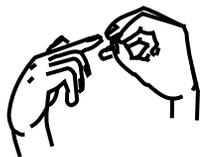
This book is written to add fun and uniqueness to learning about being your best for God. Teaching children is exciting and rewarding, especially when you successfully share God's Word and its principles with your students. *More! Instant Bible Lessons for Preschoolers* will help you accomplish that goal. Blessings on you as your students learn how to be their best for God.

How to Use This Book

Each chapter begins with a Bible story for you to read to your class, followed by discussion questions. Then, use any or all of the activities in the chapter to help drive home the message of that lesson. Each activity is tagged with one of the icons below, so you can quickly flip through the chapter and select the projects you need. Simply cut off the teacher instructions on the pages and duplicate as desired.



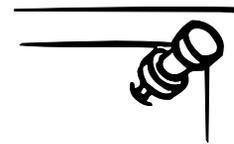
craft



finger play



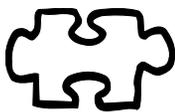
teacher help



bulletin board



activity



puzzle



action song



song



game



snack

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Chapter 1

God Wants Me to Be Happy, Not Jealous



Memory Verse

In your anger do not sin. Ephesians 4:26



Story to Share

God Likes You Best

After God sent Adam and Eve out of the Garden of Eden because they had sinned, they set up a new home. They had a son named Cain, then they had another son named Abel.

Adam and Eve taught the boys to work. Abel became a shepherd and took care of the sheep. Cain liked to farm the fields, growing grain and fruit.

Adam and Eve worshipped God by making an altar to Him. They made the altar from stones, and they brought only their best offerings to the altar. Adam and Eve taught Cain and Abel to make offerings to God, too.

On one offering day, Abel, the shepherd, chose a perfect lamb to bring to God. He had looked carefully at all his sheep. He wanted to give God the very best.

Cain, the farmer, also brought an offering to God. He took some of his fruit and grain, and brought it to the altar for God.

God was pleased with Abel's offering. He joyfully accepted the offering. But when God saw what Cain brought to Him, God was not pleased.

Cain pouted and said to his brother, "God likes you best."

God saw him pouting and asked, "Why are you pouting? All I want you to do is obey."

But Cain was still angry. He found Abel in the fields, caring for the flock. Cain then killed Abel because he was jealous of him. God punished Cain by sending him from his home and gardens.

God does not want us to be jealous of others. He wants us to be happy!

— Based on Genesis 4:1-16



Discussion Questions

1. Why was Cain jealous of his brother, Abel?
2. How should you feel when a friend gets a new bike or game?



craft

What You Need

- duplicated page
- crayons
- glue
- cotton balls
- magnet strips

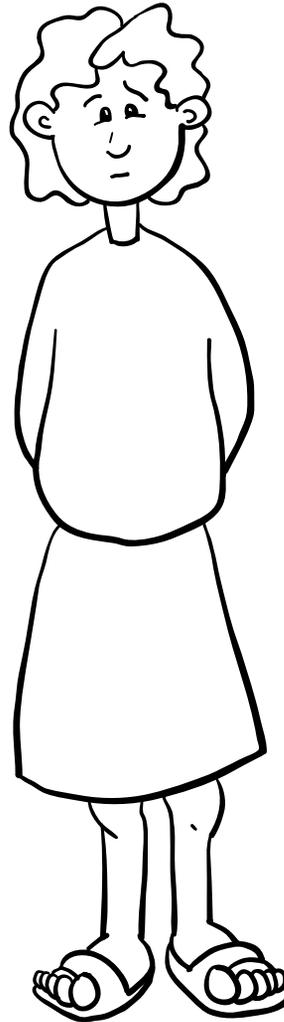
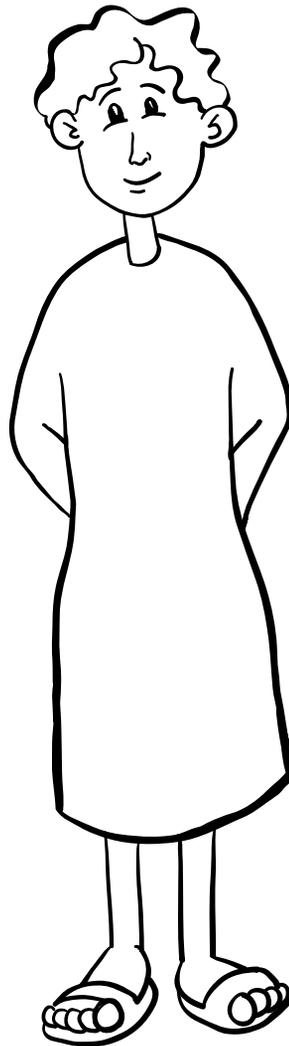
What to Do

1. Duplicate and cut out one set of pictures for each child.
2. Allow the children to color the pictures.
3. Give each child a stretched cotton ball to glue to Abel's lamb.
4. Help the children tape their cutouts back-to-back.
5. Assist each child in sticking half of a 1" magnet to the back of each garment, making sure the magnets will meet when they are placed on either side of the cutouts.

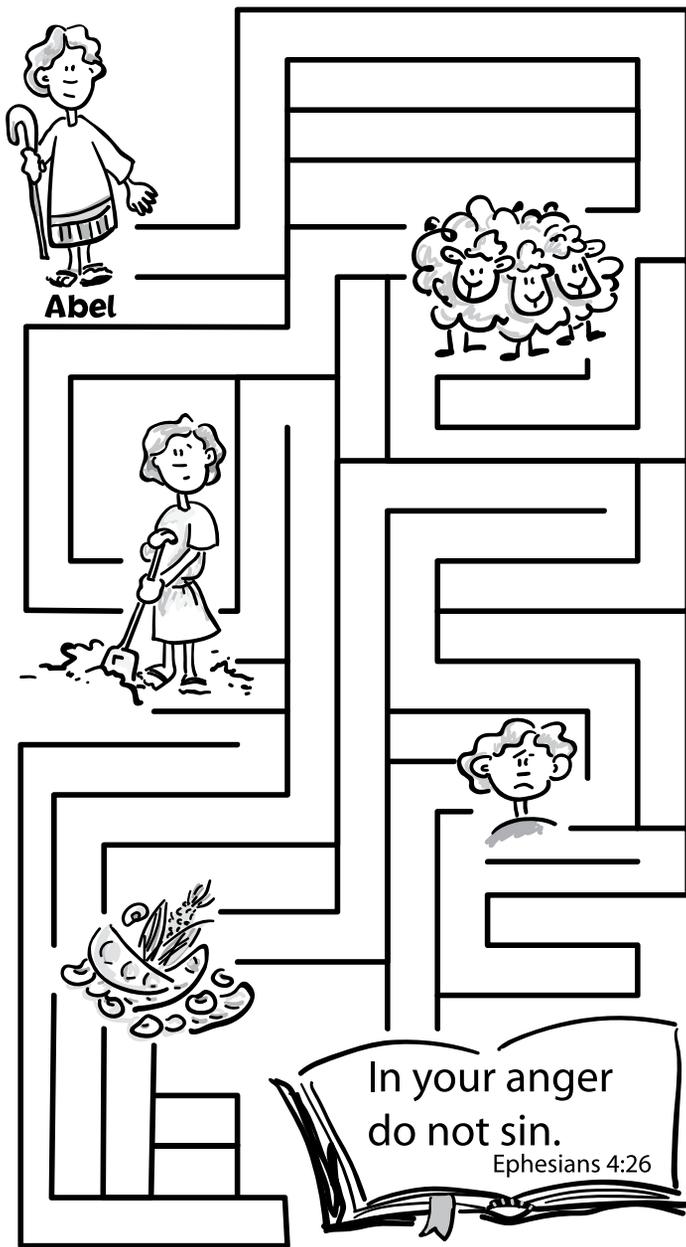
What to Say

Make a cutout set to use in telling the Bible story. Retell the story, allowing the children to use their cutouts to act out the story.

Cain and Abel Cutouts



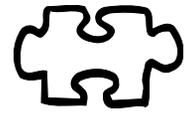
Follow the Motions



Abel looked at his sheep
One, Two, Three.
He wanted his offering to God
To be the best that it could be!

Cain looked at his veggies,
Peas, beans and corn.
But God liked Abel's offering,
Oh, if his brother had not
been born!

Cain frowned at his brother,
He hated him, you see.
Then he killed brother Abel,
All because of his jealousy.



puzzle

What You Need

- duplicated page
- crayons

What to Do

1. Duplicate a maze for each child.
2. Read the poem.
3. Give each child a maze and a crayon.
4. Say, "Your crayon is going on a journey. Everyone start with Abel, then go to each picture when I say it. You will end up at our memory verse, in the Bible."
5. Re-read the poem while the children complete the maze. Then read the memory verse, encouraging the children to repeat it with you.
6. To use the sheets more than once, cover them first in clear, self-stick plastic. When the children are finished, simply wipe off the crayon marks.

Puzzle answer key is on page 87

Happy



snack

What You Need

- duplicated page
- banana slices
- cherries
- green grapes
- clear self-stick plastic
- crayons
- milk or juice
- small cups

What to Do

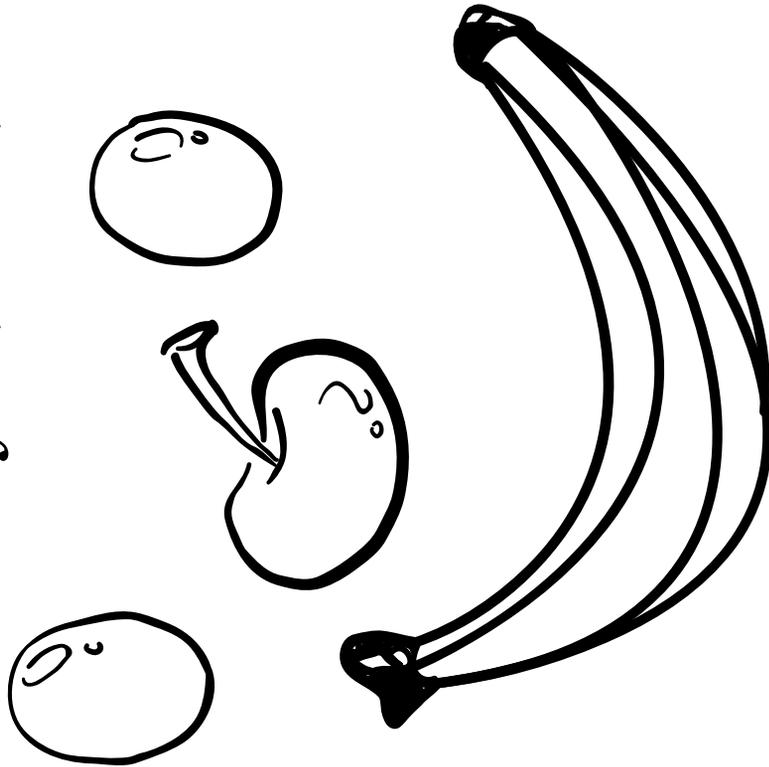
1. Duplicate a Smile Mat for each child.
2. Allow the children to color the fruit on their mats.
3. Go around and cover each mat with clear, self-stick plastic.
4. Instruct the children to make smiles from fruit by using the fruit illustrations on their mats: grapes for eyes, a cherry nose and banana slices for a mouth.
5. After everyone has completed his or her smile, pray the prayer on the mat.
6. Allow the children to eat their smiles. Offer small cups of milk or juice.

Happy

Fruity Smiles

and friends that are sunny.

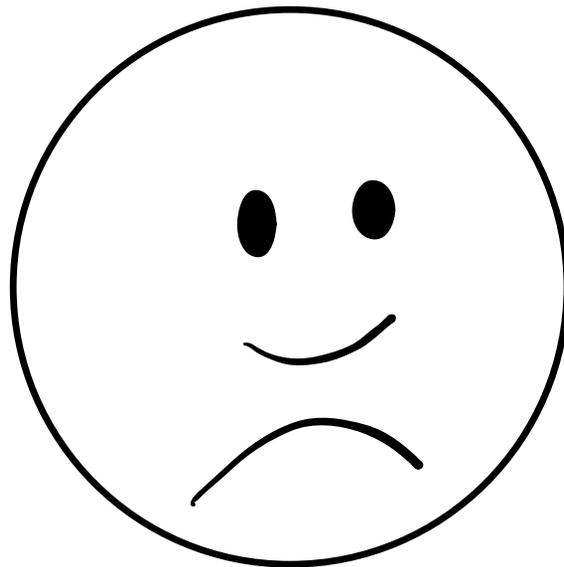
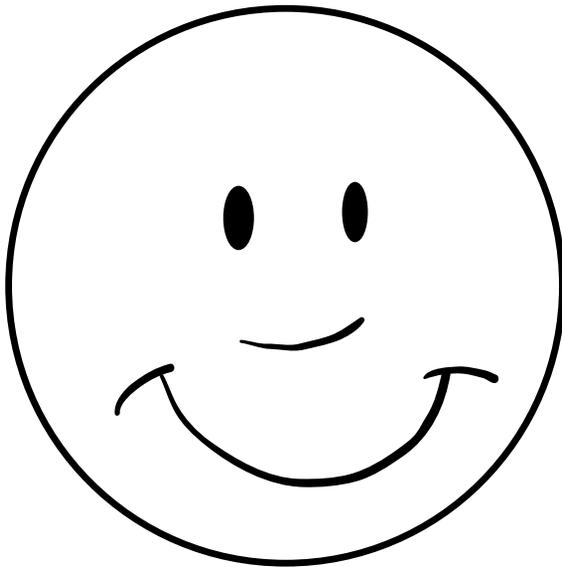
Thank you, God,



Smiles that are funny,

For good fruit for my tummy,

Smile or Frown



What To Say

Josh told Timmy he liked his new red ball.

Carrie poured Destiny's new bubbles out on the ground.

Ethan smiled when he saw Casey's new blue bike.

Chelsea gave Bailey a shiny gold star to wear when she won the race.

Zeke told Katie her new skates were ugly.



activity

What You Need

- duplicated page
- red chenille stems
- large wiggle eyes
- glue
- paint stirrers or poster board

What to Do

1. Before class, duplicate and cut out the faces, one set per child.
2. Assist the children in gluing wiggle eyes to their faces.
3. Show how to make smiles and frowns from chenille stems.
4. Help the children glue their smiles and frowns in place on the faces.
5. Show how to glue the face backs together, leaving room for a paint stirrer to be placed in the center.
6. Read the statements and let the children turn their faces to the correct side: a frown for jealousy or a smile for happiness.

Happy



craft

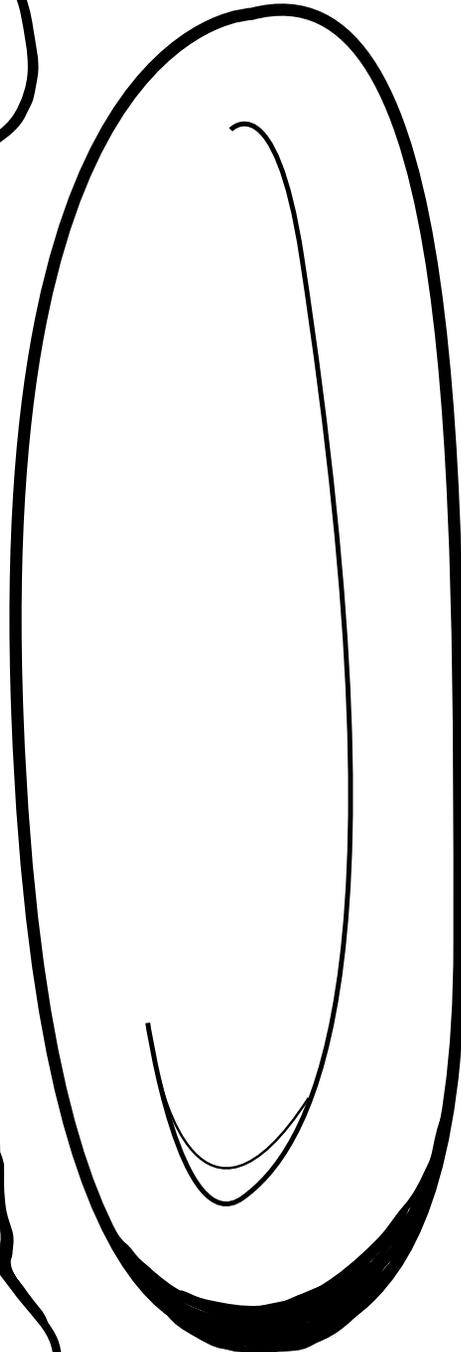
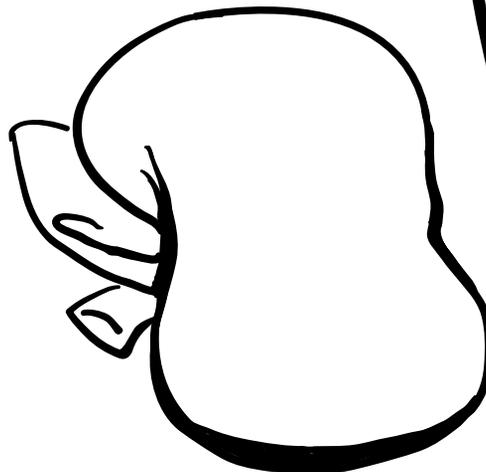
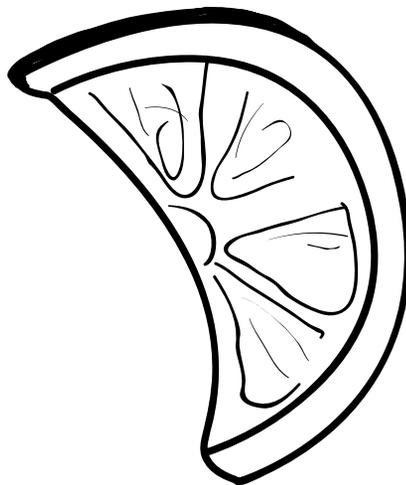
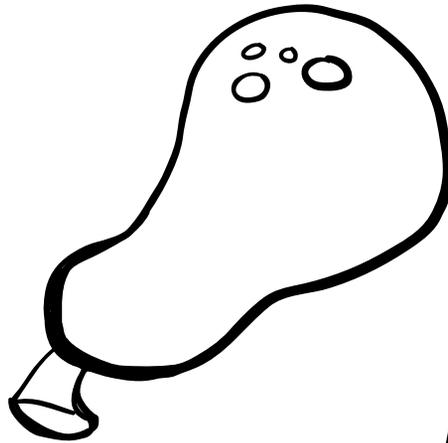
What You Need

- duplicated page
- sandpaper
- white paper
- black construction paper
- crayons
- scissors
- glue

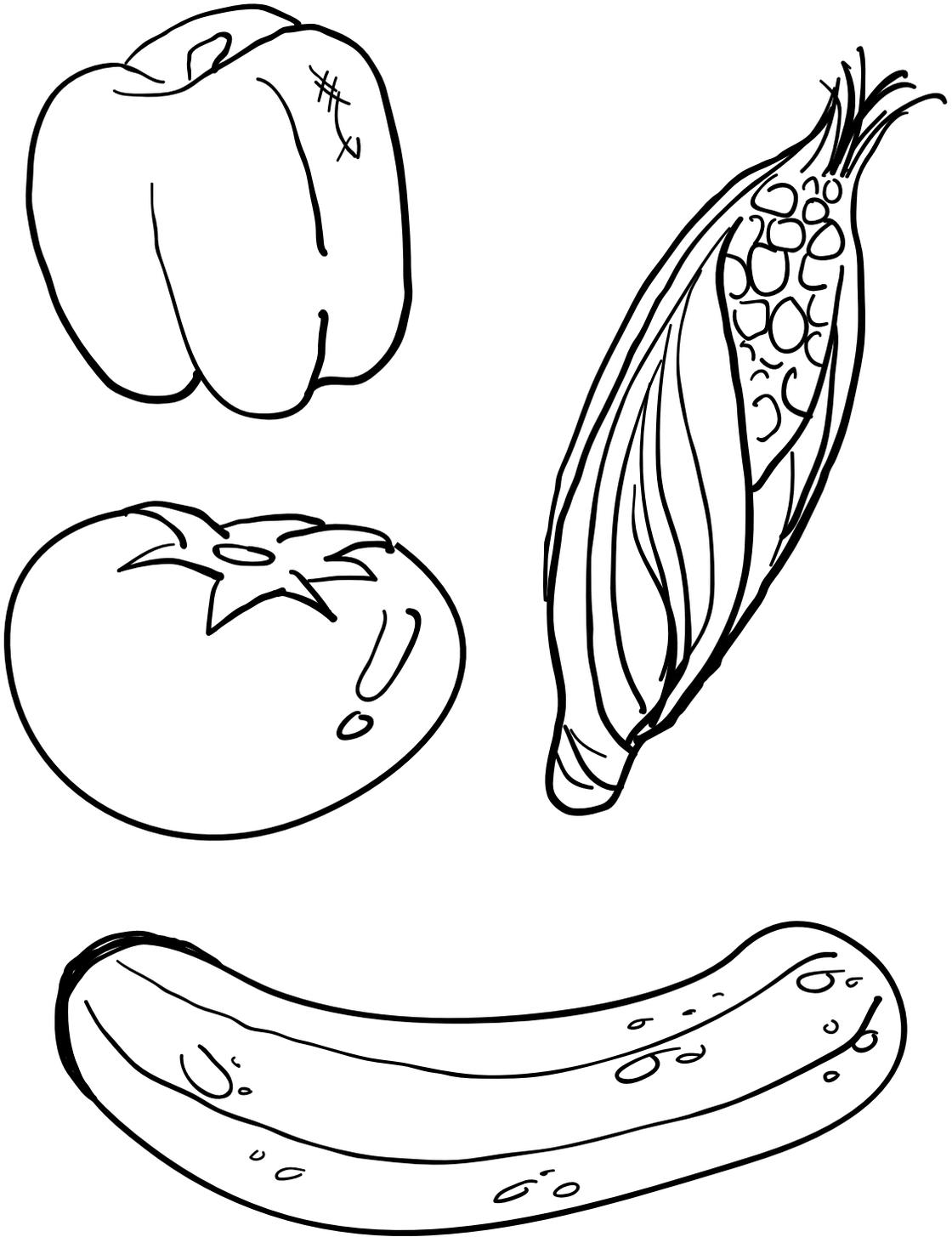
What to Do

1. Before class, remove the wrappers from the crayons. Trace the fruit and vegetables on sandpaper and cut them out. Also cut each fruit and vegetable from white paper for each child.
2. Show how to lay the paper fruit and vegetables on the same shapes of sandpaper and rub the crayon over the paper.
3. Allow the children to glue the platter, fruit and vegetables to the black paper.

Textured Fruit and Vegetable Platter

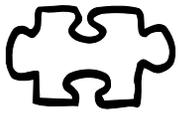


Happy



What To Say

Who brought the vegetables to God? (Cain)
Did God say to bring food to Him? (no)
Who brought a good offering to God? (Abel)
What was it? (a perfect lamb)



puzzle

What You Need

- duplicated page
- crayons
- cotton balls
- glue

What to Do

1. Before class, duplicate the activity sheet for each child.
2. Say, "Abel chose the best lamb to give to God. Can you find the lamb without a mark?"
3. Instruct the children to glue cotton to the unblemished lamb.
4. Allow the children to color their pictures.

What to Say

When we give offerings to God, He wants our best, too. He wants us to give Him ourselves. We need to eat good food, exercise our bodies and get plenty of sleep. Then we can give Him our best.

The Best Lamb Worksheet

