

MOMENTS

40 DAYS OF

INSPIRATION FOR MEN

OF

STRENGTH

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Moments of Strength: 40 Days of Inspiration for Men

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INTRODUCTION

As men, we often feel challenged to prove our worth to the people around us, whether it's at home (in our families), at work (as employees or supervisors), or with our friends. But with all the demands on our time, energy, and resources—not to mention our relationships—we can feel weak, overwhelmed, and exhausted. Thankfully, God never intended for us to go it alone, in our own power. He designed us to draw our strength and direction from Him, and to find encouragement and inspiration in community with our families and with other men. In fact, God tells us, “My grace is sufficient for you, for my power is perfected in weakness” (2 Corinthians 12:9, CSB) and “[we] can do everything through Christ, who gives [us] strength” (Philippians 4:13).

This book of devotions is an invitation for you to spend a few minutes in quiet conversation with God—whether it's first thing in the morning, during your lunch break, or just before bed. God designed us to function best (and be strongest) when we regularly take time to connect

with Him through His Word and in prayer. As God told the Israelites, “Only in returning to me and resting in me will you be saved. In quietness and confidence is your strength” (Isaiah 30:15).

The *Moments of Strength* devotional can be your means of connecting with God in the time and space you have available. It will also serve as a reminder that all your strength comes from God, and that He uses His strength to work through your weaknesses to accomplish His purpose and plan on earth. Written from a variety of perspectives and in a variety of styles, these devotions will encourage you to place your trust in the hands of the all-powerful God of the universe, in whom is found all you need to live your life for Him.

You can use the Moment of Strength Scripture passage at the end of each reading to take a deeper look at what God’s Word says about that day’s topic, and to initiate a conversation with God about the situations and people you encounter in your day-to-day life.

This resource from Walk Thru the Bible is designed to inspire you to fully embrace your relationship with God and to walk in the strength of His love, mercy, and grace. For “His divine power has given us everything required for life and godliness through the knowledge of him who called us by his own glory and goodness” (2 Peter 1:3, CSB).

DAY 1

THE POWER WITHIN

By his divine power, God has given us everything we need for living a godly life. We have received all of this by coming to know him, the one who called us to himself by means of his marvelous glory and excellence.

2 PETER 1:3

Living the Christian life isn't difficult—it's impossible! We learn what God desires, we strive to align our priorities with His will, we meet with other men to keep us on track, and still we stumble. Even Paul, as mature and sold-out in his faith as he was, lamented the pull of sin in his life (Romans 7:15-24). Yet we have this promise from the apostle Peter that "God has given us everything we need for living a godly life." But what does that entail? Read more, memorize more, serve more, pray more? Is that what it takes?

The answer isn't found in our effort; it's found in our relationship with God, who has "called us to himself." When we accept Christ's gift of salvation, we receive the Holy Spirit into our hearts. This is the divine power we now have (Acts 1:8). How we nurture this new relationship will affect our growth in the Christian life. If we go back to our old ways, we'll get nowhere. If we try our best without God, we'll fail. But when we invest the effort to know God through study, prayer, and obedience, He does a transforming work in our minds that we can't do for ourselves. Our desires align with His (Romans 8:5), we make sound judgments (2 Timothy 1:7), and we better recognize His escape hatches when temptation strikes (1 Corinthians 10:13). Best of all, we experience real life. Not just survival—*life!* Growing, fruit-bearing, accomplishing-our-God-given-purpose kind of life!

BOTTOM LINE

God doesn't call us to be holy and then leave us to flop and flail. He gives us His Spirit to transform us into sin-resistant, fruit-bearing men of purpose.

MOMENT OF STRENGTH

Zechariah 4:6

