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*the* NLT  
BIBLE  
PROMISE  
BOOK  
*for men*



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*The NLT Bible Promise Book for Men*

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## ❧ INTRODUCTION ❧

Small things often make the greatest impact. This book of Bible promises is small in size but will hopefully become one of your most treasured resources for hope and encouragement. Life is full of twists and surprises—some good and some bad. As we experience life day by day, month by month, and year by year, we face many hurts, doubts, and problems. We have questions about what to do next, where to go, and why things happen the way they do. Life doesn't always work according to plan.

So how do we keep moving forward with a positive attitude, hope, and a spirit of joy in spite of the bumps along the way? This little book can help you make sense of today's challenges. Knowing God's promises will give you confident peace and security in the midst of confusing and chaotic circumstances. When you have questions, doubts, or fears, this book can be a wonderful resource to come back to again and again.

Thankfully, God keeps all his promises. This makes his Word, the Bible, the greatest of treasures, because it is filled with promises you know will be kept. These are assurances God

makes not only to his people in general but to you personally. One of God's greatest promises is that his Word will last forever (Isaiah 40:8; Matthew 24:35; 1 Peter 1:23-25), which means his promises will also stand for eternity. Though human promises often fail and disappoint us, God's commitments fulfill and sustain us by providing guidance, teaching, encouragement, forgiveness, joy, and the confidence that the future is secure.

This little book is packed full of God's greatest and most personal promises—more than 400 promises covering more than 80 different topics. They have been carefully selected to speak to some of the unique topics and issues men face. All of the passages are drawn from the New Living Translation of the Bible, the most readable and accurate translation available today. The topics selected in this book cover different seasons and walks of life to show that God's care and concern extend to all people for all time, including you! His promises are relevant in your most needy hour, as well as in your times of blessing and in the routine of daily life. Knowing God's promises will help you discover what God desires for your life and how to receive and enjoy all that God has in store for you.



## « ABILITIES

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### **When your abilities seem limited . . .**

He takes no pleasure in the strength of a horse or in human might. No, the LORD's delight is in those who fear him, those who put their hope in his unfailing love.

*Psalm 147:10-11*

Well done, my good and faithful servant. You have been faithful in handling this small amount, so now I will give you many more responsibilities.

*Matthew 25:21*

### **When you are jealous of someone else's skills . . .**

In his grace, God has given us different gifts for doing certain things well.

*Romans 12:6*

### **When you question your ability to serve God . . .**

Work hard to show the results of your salvation, obeying God with deep reverence and fear. For God is working in you, giving you the desire and the power to do what pleases him.

*Philippians 2:12-13*

## « ABSENCE

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### **When God seems far away . . .**

Be sure of this: I am with you always, even to the end of the age.

*Matthew 28:20*

### **When people fail to be there for you . . .**

I can never escape from your Spirit! I can never get away from your presence! If I go up to heaven, you are there; if I go down to the grave, you are there. If I ride the wings of the morning, if I dwell by the farthest oceans, even there your hand will guide me, and your strength will support me.

*Psalms 139:7-10*

## « ACCOUNTABILITY

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### **When you need support as you try to walk in God's ways . . .**

Two people are better off than one, for they can help each other succeed. If one person falls, the other can reach out and help. But someone who falls alone is in real trouble. Likewise, two people lying close together can keep each other warm. But how can one be warm alone? A person standing

alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better, for a triple-braided cord is not easily broken.

*Ecclesiastes 4:9-12*

Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results.

*James 5:16*

### **When searching for trustworthy advisors . . .**

Oh, the joys of those who do not follow the advice of the wicked, or stand around with sinners, or join in with mockers.

*Psalms 1:1*

### **When you are aware of God's presence with you . . .**

I, the LORD, search all hearts and examine secret motives. I give all people their due rewards, according to what their actions deserve.

*Jeremiah 17:10*

## ANGER

### **When anger wells up inside you . . .**

Stop being angry! Turn from your rage! Do not lose your temper—it only leads to harm.

*Psalms 37:8*

A gentle answer deflects anger, but harsh words make tempers flare.

*Proverbs 15:1*

Sensible people control their temper; they earn respect by overlooking wrongs.

*Proverbs 19:11*

### **When you need an outlet for your anger . . .**

Morning, noon, and night I cry out in my distress, and the LORD hears my voice.

*Psalm 55:17*

### **When you feel your anger is justified . . .**

God called you to do good, even if it means suffering, just as Christ suffered for you. He is your example, and you must follow in his steps. . . . He did not retaliate when he was insulted, nor threaten revenge when he suffered. He left his case in the hands of God, who always judges fairly.

*1 Peter 2:21, 23*

### **When you feel the enemy is raging around you . . .**

Mightier than the violent raging of the seas, mightier than the breakers on the shore—the LORD above is mightier than these! Your royal laws cannot be changed. Your reign, O LORD, is holy forever and ever.

*Psalm 93:4-5*

### **When God seems angry with you . . .**

His anger lasts only a moment, but his favor lasts a lifetime! Weeping may last through the night, but joy comes with the morning.

*Psalm 30:5*

I hear the tumult of the raging seas as your waves and surging tides sweep over me. But each day the LORD pours his unfailing love upon me, and through each night I sing his songs, praying to God who gives me life.

*Psalm 42:7-8*

## APATHY

### **When you've lost your enthusiasm for the Lord . . .**

I will give them singleness of heart and put a new spirit within them. I will take away their stony, stubborn heart and give them a tender, responsive heart, so they will obey my decrees and regulations. Then they will truly be my people, and I will be their God.

*Ezekiel 11:19-20*

### **When you don't even know what you want anymore . . .**

Take delight in the LORD, and he will give you your heart's desires.

*Psalms 37:4*

## ATTITUDE

### **When you want your attitude to be pleasing to God . . .**

God blesses those who are poor and realize their need for him, for the Kingdom of Heaven is theirs. . . . God blesses those who are humble, for they will inherit the whole earth. . . .

God blesses those whose hearts are pure, for they will see God.

*Matthew 5:3, 5, 8*

### **When you are fighting a bad attitude . . .**

A cheerful heart is good medicine, but a broken spirit saps a person's strength.

*Proverbs 17:22*

Haughtiness goes before destruction; humility precedes honor.

*Proverbs 18:12*

I have learned how to be content with whatever I have. I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. For I can do everything through Christ, who gives me strength.

*Philippians 4:11-13*

## BACKSLIDING

**When you want to grow in your obedience to God . . .**

Be careful. Don't let your heart be deceived so that you turn away from the LORD and serve and worship other gods. If you do, the LORD's anger will burn against you.

*Deuteronomy 11:16-17*

Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak!

*Matthew 26:41*

## BEGINNINGS

**When you want this day to be different . . .**

Great is his faithfulness; his mercies begin afresh each morning.

*Lamentations 3:23*

**When you wish you could start over . . .**

This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!

*2 Corinthians 5:17*

### **When God begins to work in your heart . . .**

I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns.

*Philippians 1:6*

## BIBLE

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### **When you need a lesson in the truth . . .**

All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right.

*2 Timothy 3:16*

### **When you need to be strengthened . . .**

Your promise revives me; it comforts me in all my troubles.

*Psalms 119:50*

When I discovered your words, I devoured them. They are my joy and my heart's delight, for I bear your name, O LORD God of Heaven's Armies.

*Jeremiah 15:16*

### **When you wonder if the Bible is trustworthy . . .**

Not one word has failed of all the wonderful promises he gave through his servant Moses.

*1 Kings 8:56*

God's way is perfect. All the LORD's promises prove true.

*Psalms 18:30*