DIVINE MOMENTS for WOMEN

Everyday Inspiration from God’s Word

Tyndale House Publishers, Inc.
Carol Stream, Illinois
Introduction

The goal of Divine Moments for Women is to help you experience a breakthrough with God, to show you how and where God is at work to get your attention each day. If the Bible is really a blueprint for living, then God, through his Word, should be able to respond to any question you have for him. And he is! As you read the questions and portions of Scripture in this book, you will discover how God’s answers to your daily needs are clear and help you to see with “spiritual eyes” how he is trying to break through to you. Sometimes God seems so big and mysterious that you may wonder whether he would truly bother with you. But he loves you and is trying to get your attention every day. This little book can help you notice the divine moments when he is trying to show you how much he cares. You can read straight through this book if you like. You can also use it topically when you are looking for God’s help in a certain area or to gain more clarity about what God says concerning something particularly important to you. We pray that this little book will be meaningful to you and will help you experience many divine moments with God.

—The editors
Abilities

My Question for God

How can I make the most of my abilities?

A Moment with God

[The Lord] takes no pleasure in the strength of a horse or in human might.

Psalm 147:10

It is not by force nor by strength, but by my Spirit, says the Lord of Heaven’s Armies.

Zechariah 4:6

It is not that we think we are qualified to do anything on our own. Our qualification comes from God.

2 Corinthians 3:5

God is more impressed by your faith than by your abilities. He uses your abilities only in proportion to your faith in him. If you want to delight God, say yes to him, walk in faith, and watch him accomplish great things through you. Abilities give you the potential for doing good; faith gives you the power to do good. Neither potential nor power alone is sufficient. They must work in harmony. When you use your God-given abilities, you will have a sense of satisfaction and feel fulfilled. So rejoice in your abilities, but let your rejoicing be poured out as an offering of thanks to the God who gave them. Without God, your abilities are dreams without power.
Divine Promise
ALL GLORY TO GOD, WHO IS ABLE, THROUGH HIS MIGHTY POWER AT WORK WITHIN US, TO ACCOMPLISH INFINITELY MORE THAN WE MIGHT ASK OR THINK. Ephesians 3:20

Absence

My Question for God
Why do I feel as if God is sometimes absent?

A Moment with God
O LORD, how long will you forget me? Forever? How long will you look the other way? How long must I struggle with anguish in my soul, with sorrow in my heart every day? How long will my enemy have the upper hand?

Psalm 13:1-2

Lord, through all the generations you have been our home!

Psalm 90:1

[Jesus said,] “Teach these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age.”

Matthew 28:20

The greater your troubles, the farther away God sometimes seems. In your darkest hour, you may feel that God has left you. In times like those, when it feels as if God is absent, don’t trust your feelings. Trust
God’s promise that he will never leave you. Rely on what the Bible tells you is true, not on what your feelings are telling you. Even though you may feel as if God is far away, he really is always near. No matter how troubled you are, trust that God is with you. When you are hurting the most, he most wants to walk beside you.

Divine Promise

YOU KNOW WHEN I SIT DOWN OR STAND UP. YOU KNOW MY THOUGHTS EVEN WHEN I'M FAR AWAY. . . . I CAN NEVER ESCAPE FROM YOUR SPIRIT! I CAN NEVER GET AWAY FROM YOUR PRESENCE! Psalm 139:2, 7

Absolutes

How does knowing that truth is absolute help me to live faithfully?

A Moment with God

In those days Israel had no king; all the people did whatever seemed right in their own eyes. Judges 21:25

People may be right in their own eyes, but the Lord examines their heart. Proverbs 21:2

Your job is to obey the law, not to judge whether it applies to you. James 4:11
History is full of examples of individuals who did what was right in their own eyes—with catastrophic consequences for themselves and for others. Scripture teaches that you are born with the desire to sin; so doing your own thing will always lead you away from God, the source of all absolute truth. Your job is not to pass judgment on God’s ways by devising your own, but to follow God and all he says. If you are trying a new recipe and you purposely stray from the instructions, your meal could turn out a disaster. It’s the same with life. Follow God’s instructions in the Bible, and life will work much better.

**Divine Promise**

ALL SCRIPTURE IS INSPIRED BY GOD AND IS USEFUL TO TEACH US WHAT IS TRUE AND TO MAKE US REALIZE WHAT IS WRONG IN OUR LIVES. IT CORRECTS US WHEN WE ARE WRONG AND TEACHES US TO DO WHAT IS RIGHT.

2 Timothy 3:16

**Acceptance**

**My Question for God**

How can I accept the difficulties that come into my life?

**A Moment with God**

Job replied, “You talk like a foolish woman. Should we accept only good things from the hand of God and never anything bad?”

Job 2:10
To enjoy your work and accept your lot in life—this is indeed a gift from God.

Ecclesiastes 5:19

You suffered along with those who were thrown into jail, and when all you owned was taken from you, you accepted it with joy. You knew there were better things waiting for you that will last forever.

Hebrews 10:34

You live in a fallen world. God told his followers to have realistic expectations about the world and to prepare for troubles that will come. Although you have hints of your glorious future in heaven, right now you live amid the continuing trials of life on earth. Accepting circumstances doesn’t mean you have to like them. By keeping eternity in mind, you can grow from the difficulties you experience now, knowing that those difficulties will end with this earthly life. When you accept what comes from God’s hand, you can trust that he has something to teach you through whatever comes your way.

Divine Promise

WHAT WE SUFFER NOW IS NOTHING COMPAARED TO THE GLORY HE WILL REVEAL TO US LATER. . . . AND WE BELIEVERS ALSO GROAN, EVEN THOUGH WE HAVE THE HOLY SPIRIT WITHIN US AS A FORETASTE OF FUTURE GLORY. FOR WE LONG FOR OUR BODIES TO BE RELEASED FROM SIN AND SUFFERING. WE, TOO, WAIT WITH EAGER HOPE FOR THE DAY WHEN
GOD WILL GIVE US OUR FULL RIGHTS AS HIS ADOPTED CHILDREN, INCLUDING THE NEW BODIES HE HAS PROMISED US. Romans 8:18, 23

**Actions**

*My Question for God*

*How can my actions make me beautiful?*

*A Moment with God*

Women who claim to be devoted to God should make themselves attractive by the good things they do.

1 Timothy 2:10

Even if some refuse to obey the Good News, your godly lives will speak to them without any words. They will be won over by observing your pure and reverent lives. Don’t be concerned about the outward beauty of fancy hairstyles, expensive jewelry, or beautiful clothes. You should clothe yourselves instead with the beauty that comes from within, the unfading beauty of a gentle and quiet spirit, which is so precious to God. This is how the holy women of old made themselves beautiful. They trusted God and accepted the authority of their husbands.

1 Peter 3:1-5

Beautiful conduct is the fruit of godly thoughts and godly character. A woman with godly character knows her value in God’s eyes and embraces the work he has
given her to do. There is nothing more beautiful than a woman at peace with God and confident in her God-given abilities and tasks. Her actions are beautiful because she gently meets the needs of others around her. When you work on cultivating your inward beauty, by focusing your attention on eternal matters and on what God says is most important, the beauty of your actions will encourage others and ring throughout eternity.

**Divine Promise**

CHARM IS DECEPTIVE, AND BEAUTY DOES NOT LAST, BUT A WOMAN WHO FEARS THE LORD WILL BE GREATLY PRaised. *Proverbs 31:30*

**Adaptability**

*My Question for God*

How can I learn to adapt when life changes so quickly?

*A Moment with God*

God has made everything beautiful for its own time. He has planted eternity in the human heart, but even so, people cannot see the whole scope of God’s work from beginning to end. *Ecclesiastes 3:11*

It was by faith that Abraham obeyed when God called him to leave home and go to another land that God would give him as his inheritance. He went without knowing where he was going. *Hebrews 11:8*
The ability to adapt goes hand in hand with trusting God. When you know that he loves you and trust that he has the best plans for your life, you can adapt willingly and quickly when the road of life takes a sudden sharp turn. You don’t need to know all the details of God’s plan for you in order to adapt to it. Full knowledge of all of the details is not necessary for obedience. Sometimes adapting means moving forward in faith and obedience to God and realizing that when he knows the way, you don’t have to.

Divine Promise

DEAR BROTHERS AND SISTERS, WHEN TROUBLES COME YOUR WAY, CONSIDER IT AN OPPORTUNITY FOR GREAT JOY. FOR YOU KNOW THAT WHEN YOUR FAITH IS TESTED, YOUR ENDURANCE HAS A CHANCE TO GROW. SO LET IT GROW. FOR WHEN YOUR ENDURANCE IS FULLY DEVELOPED, YOU WILL BE PERFECT AND COMPLETE, NEEDING NOTHING. James 1:2-4

Admirability

My Question for God
How can I be a woman that people admire and respect?

A Moment with God
Charm is deceptive, and beauty does not last; but a woman who fears the LORD will be greatly praised.

Proverbs 31:30
The most admirable qualities grow from having deep honor and respect for God. When you reflect God’s character, you never need to put up a false front or be afraid of losing your “girlish figure” because you have qualities that others will admire long after your outer beauty has faded.

A sensible person wins admiration.  
Wisdom is better than foolishness, just as light is better than darkness.  

Wisdom and good sense are admirable qualities that steady your life. Being wise not only helps you to live a godly life, but it helps you to know how to guide others into godly living as well. When others see their lives falling apart, they will look to you for steadiness and wise advice.

As a result of your ministry, they will give glory to God. For your generosity to them and to all believers will prove that you are obedient to the Good News of Christ. And they will pray for you with deep affection because of the overflowing grace God has given to you.

The most admirable quality of all is reflecting God’s love as you faithfully serve others. When you see them from God’s perspective and love them as he does, you can offer God’s gentle touch and demonstrate his love. You will always be admired by others who experience God through you.
Divine Promise
THERE WILL BE GLORY AND HONOR AND PEACE FROM GOD FOR ALL WHO DO GOOD. Romans 2:10

Adoption

My Question for God
How is adoption a picture of my relationship with God?

A Moment with God
To all who believed him and accepted him, he gave the right to become children of God. John 1:12

When the right time came, God sent his Son, born of a woman, subject to the law. God sent him to buy freedom for us who were slaves to the law, so that he could adopt us as his very own children. Galatians 4:4-5

Even before he made the world, God loved us and chose us in Christ to be holy and without fault in his eyes. God decided in advance to adopt us into his own family by bringing us to himself through Jesus Christ. This is what he wanted to do, and it gave him great pleasure. So we praise God for the glorious grace he has poured out on us who belong to his dear Son. Ephesians 1:4-6

The process of adoption is a beautiful picture of God’s love for you. Just as adoptive parents make a choice to
give a child a new life, Jesus chose to give you a life you
couldn’t otherwise achieve. People who adopt children
decide to lovingly teach and nurture them, and they
give those children all of the rights and privileges of
being a member of the family. As a child of God, you
are privileged to receive all his blessings, in both this
life and the next.

Divine Promise

I will be your Father, and you will be
my sons and daughters, says the Lord
Almighty. (2 Corinthians 6:18)

Adversity

My Question for God

How does God’s presence in my life strengthen me for coping
with adversity?

A Moment with God

When you go through deep waters, I will be with
you. When you go through rivers of difficulty, you
will not drown. When you walk through the fire of
oppression, you will not be burned up; the flames
will not consume you. (Isaiah 43:2)

When you are faced with great adversity, you prob-
ably ask, “Where is God when I need him most?” The
answer is always the same—he is right beside you. God is there, providing the power to help you cope. In this life, God doesn’t promise to save you from trouble. In fact, Scripture says “when you go through deep waters,” warning that in this life, adversity will come your way. It’s the natural consequence of living in a fallen world. God will not act like a genie in a bottle, granting your every wish, because then you would follow him for the wrong reasons, and your character would never grow. Instead, God promises to be with you in your troubles, to give you wisdom to cope, strength to conquer your problems, and understanding to see how you will become stronger as you learn to deal with and overcome adversity.

**Divine Promise**

THE LORD HELPS THE FALLEN AND LIFTS THOSE BENT BENEATH THEIR LOADS. *Psalm 145:14*

**Advice**

*My Questions for God*

Do I really need advice from others? How do I know whether or not I’m getting good advice?

*A Moment with God*

Fools think their own way is right, but the wise listen to others. *Proverbs 12:15*
The instruction of the wise is like a life-giving fountain; those who accept it avoid the snares of death.  
**Proverbs 13:14**

Wise words are like deep waters; wisdom flows from the wise like a bubbling brook.  
**Proverbs 18:4**

Timely advice is lovely, like golden apples in a silver basket.  
**Proverbs 25:11**

Good advice is not merely helpful; it brings relief when it comes to you at just the right moment. God can use the advice of a trained counselor or even a conversation with a trusted friend as a turning point in your life. He often allows the words of others to reach you at the moment when you are most ready to receive it. No one is wise enough to anticipate all the possibilities of a situation or to grasp all the issues related to a problem. Refusing to listen to others is a sign that you’re not ready for change or spiritual growth. Right counsel that is consistent with God’s Word can make the difference between success and failure, joy and sorrow, prosperity and poverty, victory and defeat. At the critical moment, when you’re most ready to hear it, God’s wisdom will penetrate your heart.

**Divine Promise**

TRUE WISDOM AND POWER ARE FOUND IN GOD; COUNSEL AND UNDERSTANDING ARE HIS.  
**Job 12:13**
Affection

My Question for God

How can I express my affection for God?

A Moment with God

Give to the LORD the glory he deserves! Bring your offering and come into his presence. Worship the LORD in all his holy splendor.

1 Chronicles 16:29

Shout with joy to the LORD, all the earth! Worship the LORD with gladness. Come before him, singing with joy. Acknowledge that the LORD is God! He made us, and we are his. We are his people, the sheep of his pasture. Enter his gates with thanksgiving; go into his courts with praise. Give thanks to him and praise his name.

Psalm 100:1-4

Because of your unfailing love, I can enter your house; I will worship at your Temple with deepest awe.

Psalm 5:7

You express your affection for God through worship. You can worship God anywhere, but these psalms focus on the intentional worship that happened when people gathered in the Temple to praise God with all their might. Have you made a commitment to regular and true worship? When you worship, do you do so with your whole being, body and soul? Imagine a spouse who never says, “I love you,” or rarely desires to be with you or never speaks of you to others. True worship is not mumbling
a few hymns, sitting through a sermon, and then going home. It is an expression of your deepest devotion and affection for the God who loves you passionately.

Divine Promise
SURELY YOUR GOODNESS AND UNFAILING LOVE WILL PURSUE ME ALL THE DAYS OF MY LIFE. Psalm 23:6

Affirmation
My Questions for God
How does God affirm me? How do I know that he truly values my life?

A Moment with God
God created human beings in his own image. In the image of God he created them; male and female he created them. Genesis 1:27

Long ago the Lord said to Israel: “I have loved you, my people, with an everlasting love. With unfailing love I have drawn you to myself.” Jeremiah 31:3

God loved the world so much that he gave his one and only Son, so that everyone who believes in him will not perish but have eternal life. God sent his Son into the world not to judge the world, but to save the world through him. John 3:16-17
You are living stones that God is building into his spiritual temple. What’s more, you are his holy priests. Through the mediation of Jesus Christ, you offer spiritual sacrifices that please God. 1 Peter 2:5

You can find affirmation in knowing that God chose to create you in his image and to be in relationship with him. God draws you to himself, even to the point of sacrificing his own son to die for you. Your life is the story of God pursuing you, rescuing you from your sin, and restoring you to who you are. Read God’s words to you in the Bible, and think about all he has done to show you how much you matter to him. When you realize how fully God values you, his love breaks through the world’s lies that try to tell you what you ought to be and encourages you to be the woman he created you to be.

Divine Promise
WE KNOW WHAT REAL LOVE IS BECAUSE JESUS GAVE UP HIS LIFE FOR US. 1 John 3:16

Angels

My Question for God
Do I have a guardian angel?
A Moment with God

[Jesus said,] “Beware that you don’t look down on any of these little ones. For I tell you that in heaven their angels are always in the presence of my heavenly Father.”

Matthew 18:10

He will order his angels to protect you wherever you go. They will hold you up with their hands so you won’t even hurt your foot on a stone.

Psalm 91:11-12

Angels are only servants—spirits sent to care for people who will inherit salvation.

Hebrews 1:14

Angels are supernatural beings whose main purpose is to worship God and serve him. In the Bible they often perform the role of messengers who deliver God’s words to human beings. God uses his angels to counsel, guide, protect, minister to, rescue, fight for, and care for his people. Whether he assigns one specific angel to each person or uses his host of angels is his choice and your blessing. Thank God for the ways in which angels may have touched you. Chances are that angels have played a greater role in your life than you realize.

Divine Promise

THE ANGEL OF THE LORD IS A GUARD: HE SURROUND AND DEFENDS ALL WHO FEAR HIM. Psalm 34:7
Appreciation

My Question for God
What is the importance of expressing my appreciation to others?

A Moment with God
Greet Apelles, a good man whom Christ approves. And give my greetings to the believers from the household of Aristobulus. Greet Herodion, my fellow Jew. Greet the Lord’s people from the household of Narcissus. Give my greetings to Tryphena and Tryphosa, the Lord’s workers, and to dear Persis, who has worked so hard for the Lord. Greet Rufus, whom the Lord picked out to be his very own; and also his dear mother, who has been a mother to me.

Romans 16:10-13

Every time I think of you, I give thanks to my God. Whenever I pray, I make my requests for all of you with joy.

Philippians 1:3-4

You can probably still remember the worst thing someone ever said to you. It has probably stayed with you, and it may even still hurt. Can you remember the best thing someone ever said to you? All of us could stand to hear more words of appreciation and encouragement, so why not start by giving some to others? Paul understood the importance of well-timed words of appreciation. You can let others know that you appreciate them by thanking them and building them
up. Notice what a difference a few words of apprecia-
tion can make! What you say to others may be the best
words they’ve ever heard; it may even encourage them
for a lifetime.

**Divine Promise**

*I have not stopped thanking God for
you. I pray for you constantly.*  
Ephesians 1:16

**Assurance**

*My Question for God*

*How can my assurance of heaven transform the way I
live today?*

**A Moment with God**

*[Jesus said,] “My sheep listen to my voice; I know
them, and they follow me. I give them eternal life,
and they will never perish. No one can snatch them
away from me, for my Father has given them to me,
and he is more powerful than anyone else. No one
can snatch them from the Father’s hand. The Father
and I are one.”*  
John 10:27-30

You didn’t choose me. I chose you. I appointed you to
go and produce lasting fruit, so that the Father will
give you whatever you ask for, using my name.

*John 15:16*
I know the one in whom I trust, and I am sure that he is able to guard what I have entrusted to him until the day of his return.  

2 Timothy 1:12

God’s promises about heaven are as certain as all of his other promises. When you’ve entrusted your life to God, he will certainly guard your eternal future because of his deep love for you. Ultimately, it is God’s hold on you, not your grip on him, that matters most. You are saved by faith in him, not by your own efforts. Because of God’s steadfast hold on you, you can be strong and courageous as you seek to obey him and follow where he leads in this life. And you can be confident in his promise of eternal life and the future he has planned for you that is far better than you can ever imagine! Live today as if you truly believe that, and see how your perspective changes.

Divine Promise

WHEN THE GREAT SHEPHERD APPEARS, YOU WILL RECEIVE A CROWN OF NEVER-ENDING GLORY AND HONOR. 1 Peter 5:4

Attitude

My Question for God

How does a positive attitude carry me through hard times?
A Moment with God

Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. 

I have learned how to be content with whatever I have. I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. For I can do everything through Christ, who gives me strength.

Be thankful in all circumstances, for this is God’s will for you who belong to Christ Jesus.

Hard times and life struggles are the raw materials for God’s mighty work in your life. Although it is hard to be thankful for the tough times, you can learn to be thankful in them. Your outlook on life determines how you view your problems. If you see them only as obstacles, you will tend to develop an attitude of bitterness, cynicism, and hopelessness. If you see them as a crucible for strengthening your character and convictions, you will learn to rise above them and even thank God for how he is refining you through them.
Divine Promise
If we are to share [Christ’s] glory, we must also share his suffering. Yet what we suffer now is nothing compared to the glory he will reveal to us later. Romans 8:17-18

Balance
My Question for God
What are the blessings of a balanced life?

A Moment with God
Give according to what you have, not what you don’t have. Of course, I don’t mean your giving should make life easy for others and hard for yourselves. I only mean that there should be some equality. Right now you have plenty and can help those who are in need. Later, they will have plenty and can share with you when you need it. In this way, things will be equal. 2 Corinthians 8:12-14

True godliness with contentment is itself great wealth. After all, we brought nothing with us when we came into the world, and we can’t take anything with us when we leave it. So if we have enough food and clothing, let us be content. But people who long to be rich fall into temptation and are trapped by many foolish and harmful desires that plunge them into ruin and destruction. 1 Timothy 6:6-9
# Index

- Abilities 1
- Absence 2
- Absolutes 3
- Acceptance 4
- Actions 6
- Adaptability 7
- Admirability 8
- Adoption 10
- Adversity 11
- Advice 12
- Affection 14
- Affirmation 15
- Angels 16
- Appreciation 18
- Assurance 19
- Attitude 20
- Balance 22
- Beauty 23
- Belonging 25
- Bible 26
- Blessings 28
- Brokenness 29
- Busyness 30
- Care 32
- Celebration 33
- Change 35
- Children 36, 38
- Choices 39
- Church 40
- Circumstances 42
- Comfort 44, 45
- Commitment 46, 47
- Community 49
- Comparisons 51
- Compassion 52
- Compatibility 53
- Complacency 55
- Compliments 56
- Confession 57
- Confidence 58
- Conformity 60
- Conscience 61
- Contentment 62
- Conversation 63
- Courage 65
- Creativity 66
- Crisis 68
- Criticism 69
- Decisions 71
- Deliverance 72
- Denial 73
- Dependence 74
- Depression 75
- Desires 77
- Desireability 78
- Differences 79
- Dignity 81
- Disappointment 82
- Disapproval 84
- Distractions 85
- Doubt 86, 87
- Dreams 89
- Emotions 90
- Empathy 91
- Emptiness 93
- Encouragement 95
- Endurance 96
- Energy 97
- Eternity 99
- Evil 100
- Experience 102
- Failure 103
- Faith 105
- Faithfulness 106
Index

Family 108
Fear 109
Following 110
Forgiveness 113
Freedom 112
Friendship 114
Friendship with God 115
Fun 116
Future 117
Generosity 119
Gentleness 121
Giving 122
God’s Call 123
God’s Hand 125
God’s Timing 126
Goodness 127
Gossip 128
Grace 130
Grief 131
Guilt 132
Habits 134
Happiness 135
Hard-Heartedness 137
Healing 138
Health 140
Heart 141
Help 143
Helplessness 144
Holiness 146
Holy Spirit 148
Home 149
Hope 151
Hospitality 153
Hurts 154
Inspiration 156
Integrity 157
Intercession 158
Intimacy 160
Invitation 161
Joy 162
Kindness 163
Letting Go 166
Limitations 168
Listening 170, 171
Loneliness 172
Loss 173
Love 175, 177
Loyalty 178
Marriage 179, 181
Meditation 185
Mentoring 186
Mercy 188
Miracles 190
Mistakes 190
Mystery 192
Needs 193
Neglect 195
Neighbors 196
Obedience 198
Opportunities 199
Overcoming 200
Overwhelmed 202
Pain 203
Passion 205
Past 208
Patience 210
Peace 212
Perseverance 213
Perspective 215
Pleasure 218
Power of God 219
Praise 220
Prayer 222, 223
Priorities 225
Promises of God 226
Purpose 227, 229
Pursuit by God 230
Quietness 232
Index

Quitting 234
Reconciliation 236
Regrets 237
Relationship 240
Renewal 241
Respect 243
Responsibility 245
Rest 246
Risk 248
Romance 249, 251
Sacrifice 252
Security 254
Self-Esteem 256
Sensitivity 258, 260
Service 262
Sharing 264
Significance 265
Simplicity 267
Sorrow 268
Spiritual Gifts 269
Spiritual Growth 271
Spiritual Warfare 272
Strengths and Weaknesses 274
Success 276
Suffering 277
Surprise 279
Surrender 281
Temptation 283
Tenderness 285
Testing 286
Thankfulness 288
Time 289
Tiredness 290
Tithe 292
Unity 294
Values 296
Victory 297
Vulnerability 299
Waiting 301
Wall of God 302
Wisdom 303
Witnessing 305
Women 307
Words 308
Work 309
Worry 311
Worship 312
Worth 314